

Growing With God

Preschool Bible Study



Saul to Paul Series

Paul's Journey

Created for Preschoolers & Easy to Lead
Use at Home, Church or School
Bible Memory Verse Coloring Sheet



Cullen's Abc's

Paul's Journey

Lesson

Series Schedule:

Week 1 Lesson: A Changed Man

Week 2 Lesson: Paul's Journey

Week 3 Lesson: Earthquake in Prison

Introduction & Guidance:

Hi there! I'm looking forward to growing in God's word with you and your children through this three week preschool Bible study series. I have felt God calling on my heart for a long time to create a detailed and easy to use Bible study for people to use with preschoolers. Don't you just love it when God lays something on your heart many years prior to you actually doing it? It is so much fun to watch Him work!

I'm delighted you are here and I do not believe it is by accident. Whether you are a new believer or been a Christ follower for a long time I cherish the opportunity to help you. One of the many wonderful things about the "Jesus Comes and Goes" series is you can lead it wherever you are in your Christ journey. Whether you are a single parent or the leader of a Children's Ministry you will benefit from how this study is crafted. You can use the lessons in order or as needed. Each lesson can be used at home, school, daycare, or Sunday School. Below is guidance on how to use this lesson over a weeks time, or in one 45 to 60 minute classroom session.

Introduction & Guidance Continued

Using Throughout Week

When using this lesson at home, in a preschool or daycare you may want to use the lesson throughout the week. The following is how you can breakout the activities over 5 days. It is always fun to work in a snack. Feel free to have the children eat snack at the beginning, during or at the end of a daily activity. Try to make it a more formal snack time and be fully engaged with your preschooler; wash your hands together, roll the prayer cube (see day one below), and eat together. You can do this while talking about the overall theme of the lesson. This will lead to interesting questions and insightful discussion with your child.

Day One

Use the memory verse coloring sheet. While coloring the sheet you will be indirectly introducing the Bible story in the lesson to your preschooler(s). Make the prayer cube if you want to use it during snack.

Day Two

Bring back out the memory verse coloring sheet and talk about it, and then sing the song with the finger movements. You can continue singing the song throughout the day and week.

Day Three

It is Bible story and Q&A time! Before or after you read the story, review the memory verse coloring sheet and sing the song while doing the finger movements.

Day Four

Do the fun and educational art & craft project.

Day Five and Beyond!

For day five and other days use any of the activities for the extra content.

Depending on what time of day you are doing your activity try to start or end every day with snack time. Make this a more formal snack time and be fully engaged in this time with your preschooler during snack. Wash hands together, roll the prayer cube or say a prayer before snack, and then eat snack together. During snack time talk about the overall theme of the lesson.

Introduction & Guidance Continued

Using in One Classroom Session

Here is how you can use the lesson in a classroom setting for a 45 to 60 minute worship time in a classroom setting such as Sunday School, in a preschool or daycare.

Several days before the class email this document, or print it out and deliver it to your leaders or teachers. This will give them time to review and understand the lesson, and complete any prep work that is needed. On the day of the class leaders can follow the lesson in the order it is written out. At the end of this document you will find a “Classroom Lesson Schedule” stand alone page with specific lesson flow, information and time guidelines for you to print out and post in the classroom for the leaders to reference. Here is an overview of the flow and time guidelines.

Memory Verse Coloring Sheet	10 minutes
Song	5 minutes
Introducing and Reading Bible Story	5 minutes
Bible Story Questions & Answers	5 minutes
Prayer	2 minutes
Art & Craft	15 minutes
Snack	10 minutes
Extra Content	As needed

When working with preschoolers it is good to know that after each activity they may need to get up and “get the wiggles out.” You can do this by doing a quick set of “Jumping to God” jumping jacks. For you here are a number of [movement videos](#) you can review or play for the children.

All of the Cullen’s Abc’s offerings are built on a solid Christian foundation and designed for parents, homeschoolers, teachers, caregivers or churches that want to be personally involved in preparing their children for school and life. With Cullen’s Abc’s you are hands on in a “DIY - Do It Yourself” way! All of the preschool activities, like the ones in this lesson are centered on developing skills needed for Kindergarten. With a [2 Day Free Trial](#) of Cullen’s Abc’s membership you receive full access to the current Preschool Bible Studies series, a DIY Online Preschool with Christian curriculum, a Kindergarten Readiness Evaluation, Art Patterns, Bible Memory Verse Pages, and over 800 free children videos. Cullen is a Christian preschool teacher with the gift of teaching children to love Jesus. Let her [help you](#) prepare your child for school and teach your young children about Jesus too!



Growing With God Study “Saul to Paul” Series Week 2 Lesson - Paul’s Journey

Key Verse: Paul told everyone he met about Jesus.
Acts 9:28

Overall Theme: We can tell others about Jesus just like Paul did.

Length: 45+ minutes if done in one session (can be spread out daily over the week)

Memory Verse Coloring Sheet

Paul's Journey

Print out the Bible memory verse coloring sheet (at end) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas). Your discussion will lead into the **Paul's Journey** story you will read later together.

Questions to ask if you like:

- How many people do you see in this picture? (3)
- Where does it look like people are walking? (On a road, outside. Children may have different answers for this one and you can accept them all)
- What does it look like the people are doing? (Talking to each other)
- Does it look like they are happy to be together? (Yes)
- Is there anything else in this picture that you'd like to share and talk about?
(Accept all answers)

This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say:

“The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Acts. When you find Acts in the new testament look for the number 9 at the top left or right of the page, this is the chapter. You will see Acts 9. We are looking for verse 28, and those numbers are much smaller under the big 9.”

After looking at the Bible show them “Acts 9:28” written out on their Memory Verse Coloring Sheet. To see and hear all of the Books that make up the Bible watch this fun, short video, [The Books of the Bible](#), by Readeez!

After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills:

- **Physical:** Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- **Cognitive:** Memory skills when working on memorizing the Bible verse
- **Emotional:** Growing in and deepening their relationship with God
- **Math & Counting:** Color recognition with the colors of crayons they are using; Number recognition with the numbers you are looking for in the Bible

Materials:

- Crayons, Bible memory verse coloring sheet

Song

This is How I Follow Jesus

I have put in some signs that you can learn from the video and then teach them to your children to go with the song. You may want to have the children stand up to sing this song since they have been sitting for a bit and you can sing it with them a couple of times.

This Is How I Follow Jesus

Sung to the tune of: Ten Little Indians

This is how we follow Jesus, (sign for [follow](#))
Ask him in and follow Jesus. (sign for [follow](#))
This is how we follow Jesus, (sign for [follow](#))
Early (day of the week) morning. (sign for [morning](#))

This is how we love our Jesus,
Help each other like He teaches. (sign for [help](#))
This is how we love our Jesus,
Early (day of the week) morning. (sign for [morning](#))

This is how we welcome Jesus, (sign for [welcome](#))
Ask Him in so He can free us.
This is how we welcome Jesus, (sign for [welcome](#))
Early (day of the week) morning. (sign for [morning](#))

Skills:

- **Physical:** Listening; Following directions; This is a great large motor song where children will work on squatting, standing and balance
- **Language:** Phonics or auditory discrimination, which is recognizing differences in sounds, necessary for learning to read; Strengthening vocabulary
- **Emotional:** To be conscious of others; Growing in and deepening their relationship with God
- **Cognitive:** Memory skills
- **Math & Counting:** Sequencing

How to Introduce the Bible Story

If you'd like to make this an extra special time you can gather together with blankets, pillows, and even light or turn on a candle (making sure to blow it out when finished). Depending on how many children you have you could have one be responsible for getting the pillows, one responsible for helping you to light the candle, and one responsible to blow out the candle. You can change the jobs between the children each week.

You already started introducing the Bible story to your children. You have done so through the **Memory Verse Coloring Sheet** and the **Song**. You can say: "We we will learn in this story about a man named Paul. At first he did not like followers of Jesus. Then he made a change and when he became a follower of Jesus he told everyone he met about Jesus. We can tell others about Jesus just like Paul did."

Read the Bible Story

You can read from a Children's Bible, your Bible or use the following story.

Paul's Journey

Acts 9:20-43

After Paul became a follower of Jesus he traveled around and told everyone he met about Jesus. All the people that heard Paul speaking were amazed saying, "Isn't this Saul the man who did not like Jesus or like anyone that followed Jesus?" It was Saul who didn't like Jesus and then one day Jesus blinded Saul with a bright light. When Saul could see again he was a new man, his name was changed to Paul. Then he loved Jesus and became a great follower of Jesus. He also loved followers of Jesus.

The new believers were called *Christians* because they were followers of Jesus Christ. Paul traveled with many different Christian helpers and told everyone about Jesus. When people decided to follow Jesus, Paul baptized them. When someone is baptized it is their way telling others that they believe in Jesus.

While Paul was traveling around he started many churches. Sometimes he would walk for miles and miles and other times, he would take a boat across the seas. He told everyone about Jesus' love for them. The church continued to grow because more and more people believed in Jesus. We can tell others about Jesus just like Paul did.

Skills:

- **Physical:** Listening; Following direction
- **Emotional:** Growing in and deepening their relationship with God

Materials Needed:

- A children's Bible, your Bible or you can use the story above.

Bible Story Questions & Answers

Talk about what the Bible story was about by asking the children questions. You can decide ahead of time how you want them to answer the questions. I like to have the children raise their hand to answer the question. If they are incorrect that is fine. You can say what the answer is or ask: "Does anyone else have a thought or answer to the question?"

Questions to ask if you like:

- What did Paul do after he became a follower of Jesus? (He told everyone he met about Jesus)
- Did Paul always believe in Jesus? (No)
- What were new believers called? (Christians)
- Why were they called Christians? (Because they were followers of Jesus Christ)
- While Paul was traveling around did he start many churches? (Yes)
- What were the two ways he traveled? (Walking and taking a boat)
- Can we tell others about Jesus just like Paul did? (Yes)

Skills:

Physical: Listening; taking turns; sharing ideas and understanding that they have value with other children and the teachers

Emotional: Cooperating and being considerate of others

Prayer

While sitting on the floor with criss cross legs, have the children repeat after you. You can have them fold their hands and close their eyes or just sit quietly and say after you. Following is a prayer written out that you can use, or you can make up your own.

Dear Jesus (children repeat)
Thank you for this day (children repeat)
Please help me (children repeat)
to tell others about you (children repeat)
just like Paul did (children repeat)
I love You (children repeat)
Amen (children repeat)

Skills:

Physical: Listening; following directions

Emotional: Deepening their relationship through Christ through prayer

Art & Craft

Make A Map



You can say, "I wonder if Paul used a map while he was traveling around teaching others about Jesus. You can make a map of your own." You can watch this [map video](#) to get some ideas on what you can have out for the children to make their very own map. You can show them some Google images of maps and talk about the different colors on them and what they mean. This will give them some ideas on how they can draw their own map.

Skills:

- **Physical:** Fine motor skills, strengthening the muscles in their hands when using their grasping fingers when holding onto the markers to draw with
- **Math and Counting:** Color recognition with the colors of markers being used
- **Physical:** Listening; Following directions
- **Emotional:** Deepening their relationship with Christ through prayer

Materials:

White construction paper; Markers; Stickers (cars, trucks, trees, flowers)

Snack

Have the children wash their hands and sit down for snack. Before eating snack say a prayer thanking God for the food. Here are a couple ways to go about saying a prayer with preschoolers. You can have the children fold their hands, close their eyes and bow their heads and say the prayer, or everyone can hold hands, bow heads and say the prayer.

Snack Extras

Prayer Cube

A prayer cube is a fun and interactive way to pick the prayer you are going to say before snack or any meal. It is like a big six sided dice with a different preschool level prayer on each side. Making a prayer cube is a fun art & craft activity. Watch my [Prayer Cube video](#) to learn how to easily make one. Once your prayer cube is complete you or choose a child to roll the cube to determine the prayer to say before snack or any meal. Then you can lead the prayer or a child can lead the prayer. If you have the children roll the cube and lead the prayer taking turns is a great lesson.

Themed Snack: Journey Mix

If you have the time, making a themed snack is so fun and can be used to start wonderful preschool discussions about the overall theme. Themed snacks take time and energy, so go for it if you are doing this lesson over a week's time at home or in a classroom. Beware if you are using this lesson in a 45+ minute session like Sunday School a theme snack may be too much for you to do, and you may not have the classroom time for it to be fully enjoyed.



You can say, “While Paul was out on his journey and traveling around and telling others about Jesus I’m sure he got hungry and wanted to have a snack. When you are going on a hike, a bike ride or playing at the park do you get hungry and want to have a snack? The snacks that we put in our bodies should be healthy for us and give us the energy we need to keep going. Today we are going to make a journey mix (same as a trail mix) that’s good for our bodies.” You can decide what you would like to put out for your children to make their journey mix with.

You can put out the different items in separate bowls with a spoon in each bowl. You can give each child a small cup, bowl or snack bag to put their trail mix into. You can tell them that they can take one spoon full of each item in the bowl to put into their cup, bowl or bag. I would steer clear from sweet items as it seems like that is what children will eat the most of, but again that’s up to you.

Snack Prayers

Prayer 1 - God is Great

God is great!
God is good!
And we thank
Him for our
food. Amen!

Prayer 2 - Come Lord Jesus

Come Lord Jesus
Be our guest
And let thy gifts
To us be blessed. Amen.

Prayer 3 - Thank You for the World

Thank you for the world so sweet.
Thank you for the food we eat.
Thank you for the birds that sing.
Thank you God for everything.
Amen

Prayer 4 - God Our Father

(to the tune of Frere Jacques)
God our Father
God our Father
Bless this food
Bless this food
We are very thankful
We are very thankful
Amen Amen

Prayer 5 - Thank You God

Thank you God as this day ends
For our family and our friends
Taking time to sit and pray
Thank you God for this great day!
Amen!

Prayer 6 - The Lord is Good to Me

(to the tune of Johnny Appleseed)

Oh the Lord is good to me
And so I thank the Lord
For giving me the things I need
like the sun and rain and the apple
seed

The Lord is good to me.

Amen, Amen, Amen, Amen, Amen A-
men.

Skills:

- **Physical:** Praying; Fine motor skills when picking up the snack with their grasping fingers.
- **Emotional:** Sitting together and having conversation; Working on having good manners

Materials:

- Snack
- Napkins if needed;
- Something to drink
- Prayer cube if you are using one

Extra Content

Below there are a few items for you to choose from in case you are looking for more things to do with your children.

CARS IN PAINT | MAKING ROADS

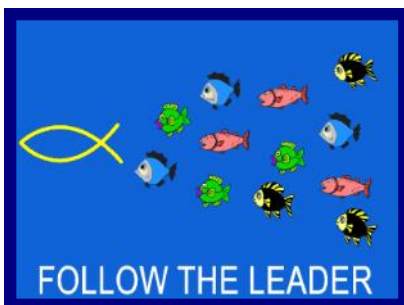


Even though in Paul's time they did not have cars they still traveled on journey's for long distances. I thought it would be fun to roll some cars through paint and onto some paper to make roads. You can watching this [painting with cars](#) video to get some ideas on things that you'll need and how you can go about doing this with your children.

I SPY

I spy is a wonderful game to play wherever you are. It is also fun to play when we are traveling. I wonder if Paul played I Spy on his journey's telling others about Jesus. You can watch this [I Spy](#) video to get some ideas on how to play.

FOLLOW THE LEADER



As Paul was traveling around telling others about Jesus he was following his leader Jesus. Have someone be the leader. You can be the leader first to give them an idea of things the leader could say and then if you have time for others to be the leader they can take turns doing that. Most children will want to be the leader so make sure you have the time to allow for each child to have a turn. You can have them be Jesus since we and Paul are following Jesus.

You can line up the children and have them face Jesus (the leader). Give them simple directions at first and when you give the direction make sure you are doing it too. Jesus will tell them to do things like, "Jesus says to jump. Jesus says to stop jumping. Jesus says to blink your eyes. Jesus says to stop blinking your eyes. Jesus says to turn around. Jesus says to stop turning around." You can keep it pretty easy or add some harder things and continue on with the game until you think it's a good stopping point. You always want to stop a game before the children get to the point that they don't want to do it anymore, stop on a high point.

I am praying for you and your children. I pray that each of you are Growing With God and are having fun with this lesson.

Jesus loves you,

Cullen

Classroom Lesson Schedule



Growing With God Study “Saul to Paul” Series Week 2 Lesson of 3 Paul’s Journey

Key Verse: Paul told everyone he met about Jesus. Acts 9:28

Overall Theme: We can tell others about Jesus just like Paul did.

Here is the flow and time guidelines for the lesson:

Memory Verse Coloring Sheet: Paul’s Journey	10 mins
Song: This is How I Follow Jesus	5 mins
Introducing and Read Story: Paul’s Journey	5 mins
Bible Story Questions & Answers	5 mins
Prayer	2 mins
Art & Craft: Make a Map	10-15 mins
Snack	10-12 min
Extra Content:	Use As Needed
Cars in Paint	
I Spy	
Follow the Leader	

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Weekly Key Bible Verses

- Week 1 Lesson: A Changed Man
Key Verse: Suddenly a light from heaven flashed around him. Acts 9:3
- Week 2 Lesson: Paul's Coming
Key Verse: Paul told everyone he met about Jesus. Acts 9:28
- Week 3 Lesson: Earthquake in Prison
Key Verse: Believe in Jesus, and you will be saved. Acts 16:31

Paul told everyone he met about Jesus. Acts 9:28



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Start Anytime

- For Home, Church or Classroom Use
- Multiple Series Now Available
- Each Lesson Includes: Bible Memory Verse
Coloring Sheet, a Bible Story, a Prayer,
Song, Art & Craft and Extra Content

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