

Theme: Apples

Day: 1

Module	Activity
Circle Time	Types of apples
Letters & Numbers	Letter Bb Food Series
Worship Time	Bible Story Questions & Answers Adam & Eve
Art & Science	Apple Prints

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.

Then sing the “Hi There” song. (Improvise your tune)

Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let’s shout HOORAY.
Hi there, so glad you’re here.
Hi there, so glad you’re here.
Hi there, so glad you’re here.
One two three let’s give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the “Days of the Week” song. (Tune of the “Adams Family”)

Well there’s Sunday and there’s Monday,
there’s Tuesday and there’s Wednesday,
there’s Thursday and there’s Friday and then there’s

Saturday.

Days of the week. (Clap hands 2 times).

Days of the week. (Clap hands 2 times).

Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Today we are going to talk about different types of apple. You can talk about how there are over 7000 different types of apples grown worldwide. Also, let the children know that the apple is one of the oldest fruits in the world. Encourage children to think about how many different types they have tried. You can have the children look at different photos and make observations of what is similar and different between the different types of apples. I think this website [Fresh For Kids](#) has some great apple information and pictures on it. If you’d like to take a look at it and add it to your lesson you could do that.

- Math & Counting: Color recognition in the pictures that are shown
 - Language: Expressive language skills as children are talking about what they are learning about
 - Cognitive: Increasing vocabulary and descriptive skills
 - Social: Children are socializing with one another as they are talking about what they are doing.
- Photos of different types of apples

Children learn about the letters in this part of the Online Preschool. [Click here](#) to learn how to lead this activity. A different letter is featured each class, and Miss Cullen teaches about upper and lower case, how to make the sound of the letters and will also show, taste and describe foods that begin with that letter. (It is only optional to have and taste the foods.)

Learn about the letter B with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter B. Then review the sound of the B. Next look at three types of food that start with the letter B: broccoli, beef and basil. If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like. [Click here](#) or the "Prep Video" box above to watch this video! If you'd like you can also watch my "Extra Content" and learn more about my video food series by [clicking here!](#)

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

- Math & Counting: Color recognition with the colors of the paint being used
- Working on recognizing the sound and uppercase and lowercase letter A
- Language: Increasing expressive language skills as they are learning new letters and conversations they are having with each other
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to pick up the foods to eat
- Social: While children are interacting with each other and with adults they are building their social skills
- Great sensory activity.
 - Three types of food that start with the letter B. Miss Cullen uses broccoli, beef and basil but feel free to use other food items that start with the letter B.
 - Other food ideas include bananas, bubble gum, Brussels sprouts, bacon and barley.
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<http://www.youtube.com/watch?v=Ulyu1KF2mVc>

<http://www.youtube.com/watch?v=http>

How to introduce the Bible Story

If you'd like to make this an extra special time you can gather together with blankets, pillows, and even light or turn on a candle (making sure to blow it out when finished). Depending on how many children you have you could have one be responsible for getting the pillows, one responsible for helping you to light the candle, and one responsible to blow out the candle. You can change the jobs between the children each week.

You have done so through the Memory Verse Coloring Sheet and the Song. You can say: "Today we are learning about the beautiful world that God made. We are going to learn about a man named Adam and learn what his jobs are. And we are going to learn about someone else that God made for Adam. God loved Adam and Eve, just like he loves you."

Read the Bible Story

You can read from a Children's Bible, your Bible or use the following story.

Adam and Eve

God saw all that he had made and he loved it. Then God made a man named Adam. Adam loved his new home. His job was to name all the animals and care for the garden. Adam loved all the animals, but he could not find a friend that was just right for him.

So God created a woman. Adam named her Eve. God loved them more than anything else. He was like a new dad and loved them with all of his heart. And they were lovely because he loved them.

Their hearts were filled with happiness. And nothing ever made them sad or lonely or sick or afraid.

God made a wonderful garden for them to live in. Adam and Eve were happy in their perfect new home and took care of God's garden together. They had everything they needed and plenty of delicious food to eat. They could eat the fruit from every tree in the garden except for one. God loves you too!

Bible Story Questions & Answers

Talk about what the Bible story was about by asking the children questions. You can decide ahead of time how you want them to answer the questions. I like to have the children raise their hand to answer the question. If they are incorrect that is fine. You can say what the answer is or ask: "Does anyone else have a thought or answer to the question?"

1. What were the names of the two people that God made? (Adam and Eve)

2. What did God ask Adam to name? (The animals)
3. Where did Adam and Eve live? (In the garden)
4. Who made the garden for Adam, Eve and the animals to live in? (God)
5. Were there good things for Adam and Eve to eat? (Yes)
6. Did God love Adam and Eve? (Yes)
7. Does God love you? (Yes)

Prayer

While sitting on the floor with criss cross legs, have the children repeat after you. You can have them fold their hands and close their eyes or just sit quietly and say after you. Following is a prayer written out that you can use, or you can make up your own.

Dear God (children repeat)
Thank you for this day (children repeat)
Thank you for loving me (children repeat)
Just like you loved Adam and Eve (children repeat)
Thank you for loving me (children repeat)
I love you (children repeat)
Amen. (children repeat)

- Language: Listening to the story and answering the questions work with children on their language skills, Following directions
- Cognitive: As children continue to pray they are building their relationship with God and learning to trust Him
- Emotional: Growing in and deepening their relationship with God
- Social: When children are answering the questions they are working on speaking in public which is a great social skill.

- A Bible to read the story OR you can just read the text I have

Watch this [apple prints video](#) to find out what you will need for this art project. Make sure you cut the apple in half through its side instead of cutting it where the stem is. When you cut it in half through the side; you will be able to make star prints with the apple. Once the apple is cut in half take out the seeds. Next, have your children dip the apple into the paint and use like stamps on a piece of

construction paper. Make sure the paint is in a shallow dish and that there is not a lot of paint in the dish or else it will be pretty gloppy when they press the apple on the paper and you won't be able to see the star print.

- Math & Counting: Color recognition with the colors of paint being used
 - Language: Increasing expressive language skills as children are having conversations with each other
 - Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to pick up the apples with their fingers
 - Emotional: Children are being creative
 - Social: While children are interacting with each other and with adults they are building their social skills
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- Knife
 - Apple
 - Construction paper
 - Paint
 - Bowl to hold paint

<http://www.youtube.com/watch?v=WsgFem8TbAk>

Theme: Apples

Day: 2

Module	Activity
Circle Time	Apple taste test
Letters & Numbers	Bubbles (Letter B)
Worship Time	Memory Verse Coloring Sheet Adam and Eve
Art & Science	Paper Plate Apples

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.

Then sing the “Hi There” song. (Improvise your tune)

Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let’s shout HOORAY.
Hi there, so glad you’re here.
Hi there, so glad you’re here.
Hi there, so glad you’re here.
One two three let’s give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the “Days of the Week” song. (Tune of the “Adams Family”)

Well there’s Sunday and there’s Monday,
there’s Tuesday and there’s Wednesday,
there’s Thursday and there’s Friday and then there’s

Saturday.

Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).

This is a great time to review the days of the week, months of the year and the number of the day.
Then check the weather and compare it to your weather dial.

Start out circle time by asking the children “what colors are apples?” Once the children give their guesses show them three different colors that you have, red, yellow and green. Cut the apples on a cutting board in front of the children and allow the children to try a taste of a red, green and yellow apple. I would have all the children try all one color first and circle the sad or happy face on their chart. You can ask the children what they liked or didn't like about each apple they try. Ask the children what color apple they liked the taste of most. Give the children [the happy and sad face chart](#) and allow them to circle or color the face that they like the best.

- Math & Counting: Color recognition with the colors of apples being tasted
- Language: Expressive language skills as children are talking about tasting the different apples
- Physical: Picking up the apple slices with their grasping fingers and putting it into their mouths
- Cognitive: Increasing vocabulary and descriptive skills as they talk about what they are tasting
- Social: Children are socializing with one another as they are talking about what they are doing.
 - Looking eyes
 - Listening ears
 - Red, green and yellow apples
 - [Taste Test Chart](#)
 - Pen

Head outside and blow bubbles and chase bubbles together. If you cannot go outside you could do it in the bathtub. [Click here](#) to see how to make the bubbles: In this video I mention using corn syrup but you certainly don't need to. Really the best ingredients I have used are: Dawn Soap and Water. Make sure you remind your children the word bubble starts with the letter B.

- Math & Counting: Children can count the number of bubbles they see
- Language: Increasing expressive language skills as they are learning a new letter and the sound it makes and conversations they are having with each other

- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to poke the bubbles, Using their hand-eye coordination when clapping the bubbles with their hands, Visual tracking and following where the bubbles go, up and down, high and low. Children are working on their gross motor skills as they are running, jumping, standing on their tippy toes, squatting and stomping
- Cognitive: Understanding and describing where the bubbles are and what they're doing by pointing things out when they happen. "The bubbles are going up (or down)" "They're going fast (or slow)." "There's a bubble in front of (or behind) you." "I see one next to you." "There's one above (or below) your head." "It's to your right (or left)." "That's a really big (or little) bubble." "Go pop the biggest (or smallest) bubble!"
- Emotional: Sensory processing skills because bubbles are wet, slimy and sticky. And the physical act of blowing can be a very effective sensory-based way to help children "organize", calm, and focus their bodies
- Social: While children are interacting with each other and with adults they are building their social skills by practicing to take turn and keeping personal space between their bodies so they don't bump into or knock someone over.
 - Dawn Dish Soap
 - Water
 - or store bought Bubbles

<http://www.youtube.com/watch?v=sR-X2c1e5z0>

Print out the [Bible memory verse coloring sheet](#) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas).

Questions to ask if you like:

1. How many people are in this picture? (Two)
2. Where do you think they are? (In a garden)
3. Is there a man and a woman? (Yes)
4. Does it look like they are happy or sad? (Happy)
5. What does it look like the man is doing? (Eating fruit)
6. What does it look like the woman is doing? (Looking at a flower)
7. Do you think they like being in the garden? (Yes)

This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say: "The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Genesis. When you find Genesis in the new testament look for the number 2 at the top left or right of the page, this is the chapter. You will see Genesis 2. We are looking for verse 18, and those numbers are much smaller under the big 2."

After looking at the Bible show them Genesis 2:18 written out on their Memory Verse Coloring Sheet. To see and hear all of the Books that make up the Bible watch this fun, short video, [The Books of the Bible](#), by Readeez! After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
 - Cognitive: Memory skills when working on memorizing the Bible verse
 - Emotional: Growing in and deepening their relationship with God
 - Math & Counting: Color recognition with the colors of crayons they are using
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- Crayons
 - [Bible Memory verse coloring sheet](#)

Today we are going to make a paper apple by tearing construction paper and gluing it to a paper plate. Provide the children with a paper plate and red, green, and yellow construction paper. Also, give the children a bowl of glue and a paintbrush or a glue stick. Have the children tear the red, green or yellow construction paper into small pieces and glue them onto their paper plate apple. Lastly, have the children glue a small piece of brown construction paper to their apple to be the "stem" of the apple.

[Paper tearing](#) is a great fine motor skill.

- Math & Counting: Color recognition with the colors of construction paper being used
 - Language: Increasing expressive language skills as children are having conversations with each other while making their apple
 - Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to tear the construction paper with their grasping fingers
 - Emotional: Children are being creative
 - Social: While children are interacting with each other and with adults they are building their social skills
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- Paper plate
 - Red, green, and yellow construction paper
 - Brown construction paper
 - Glue
 - Bowl
 - Paintbrush

<http://www.youtube.com/watch?v=ou6hOoFztLA>

Theme: Apples

Day: 3

Module	Activity
Circle Time	Browning apples
Letters & Numbers	Newspaper Cutting Letter B
Worship Time	Adam and Eve Delicious Food
Art & Science	Apple Pies

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.

Then sing the "Hi There" song. (Improvise your tune)

Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.
One two three let's give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's

Saturday.

Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).

This is a great time to review the days of the week, months of the year and the number of the day.
Then check the weather and compare it to your weather dial.

Ask the children what they think could help prevent apples from browning. Will lemon juice prevent apples from browning? Will it prevent apples from browning if baking soda is added? With the children's help squeeze a half of a lemon into one bowl and then juice of the other half into a second bowl. To the second bowl, sprinkle baking soda a little at a time, stopping once the solution no longer

bubbles. Label the bowls accordingly. Cut up apples into slices and add a couple to each bowl, tossing them well. Next, have the children observe the apples. (While waiting, the children can snack on the leftover slices of apple.) Ask the children which bowl of apples browned the quickest and which browned the slowest. If they children are old enough, have them write down what they observed during the activity.

The answers: Lemon juice will prevent apples from browning because the acid stalls the oxidation process, but if baking soda is added to the lemon juice, the acid is neutralized and the apples will brown normally.

- Math & Counting: Color recognition in the fruit that is being used
 - Language: Expressive language skills as children are talking about what they are learning about
 - Physical: Fine motor skills as children are squeezing the lemons into the bowls
 - Cognitive: Increasing vocabulary and descriptive skills
 - Emotional: As children are waiting they are observing what is happening in the bowls and predicting what they think will happen
 - Social: Children are socializing with one another as they are talking about what they are doing.
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- Looking eyes
 - Listening ears
 - Bowls
 - Lemon juice
 - Baking Soda
 - Pen to label the bowls
 - Apples

Today we are going to learn about the letter B by finding as many letters and words that have B's in them. [Newspaper Cutting](#) is a fun way for children to dive in and find as many B's as they can. Once children cut out the letter B they can use a glue stick and glue them to the letter B patterns.

[Lowercase b](#) and [Uppercase B](#).

- Math & Counting: Letter and sound recognition

- Language: Expressive language skills as children are talking about what they are learning about
- Physical: Fine motor skills as children are using scissors to cut
- Cognitive: Increasing vocabulary and descriptive skills as children are talking about what they are looking for and what they are finding
- Social: Children are socializing with one another as they are talking about what they are doing.
 - Newspapers
 - Scissors
 - glue stick
 - Lowercase b pattern
 - Uppercase B pattern

<http://www.youtube.com/watch?v=w44X3oITlso>

Delicious Food

Sometimes themed snacks can take a bit of time to prepare and to make but this one shouldn't be too hard. You can say, "God gave Adam and Eve delicious foods to eat in the garden he made for him. We are going to eat some of those fruits and vegetables that they may have had to eat."

You can have some fruits and vegetables for children to eat because those would be delicious food to eat that is good for our bodies. If you'd like to extend the snack you can have children use child safety knives or plastic knives to cut up their snack before they eat it. They could even work on their counting skills by counting the pieces of fruits and vegetables that they will eat.

- Language: Expressive language skills as children are talking about what they are doing
- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to pick up the food and when using a knife to cut
- Cognitive: Remembering the Bible story and what happened when Adam and Eve ate from the tree
- Emotional: Growing in and deepening their relationship with God
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- Fruits and Vegetables
- A child friendly knife to use for them to cut their fruits and veggies

Today we are going to make Apple Pies for our art and science time. Make sure you [watch the video](#) to know exactly what you need and have fun.

Extra Content: Juice pops

Since we are learning about apples lets make apple juice pops. Have the children pour apple juice into a paper or plastic cup and add a Popsicle stick to it. Put the cup in the freezer until it is frozen. Once frozen the children have a yummy juice pop to eat!

- Math & Counting: Color recognition with the colors of apples being used
- Children are measuring and counting
- Language: Expressive language skills as children are talking about what they are learning about
- Physical: Children are using their fine motor skills as they are getting their dough read
- Cognitive: Increasing vocabulary and descriptive skills
- Emotional: Children are following directions and taking turns
- Social: Children are socializing with one another as they are talking about what they are doing.

- Pillsbury flaky biscuits
- Muffin tin
- Cooking spray or melted butter
- Apples
- Cinnamon and Sugar

<http://www.youtube.com/watch?v=7aQcleeLUEM>

- See more at: <http://cullensabcs.com/lesson-plan/?i=613#sthash.fEdx2NDT.dpuf>