

Theme: Ice Cream

Day: 1

Module	Activity
Circle Time	Favorite Ice Cream
Letters & Numbers	
Worship Time	
Art & Science	Ice Cream in a Bag

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.*

One two three let's give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then
there's Saturday.*

Days of the week. (Clap hands 2 times).

Days of the week. (Clap hands 2 times).

*Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Favorite Ice Cream

Make a graph of each child's favorite ice cream flavors! Choose several popular ice cream flavors (such as vanilla, chocolate, and strawberry) for children to choose from. Write the flavor names down the side of a large piece of poster paper. Have the children write their name on a small card and place it next to their favorite ice cream flavor on the chart. For each child's name, place an ice cream cone above it. When all the children have voted, count how many children have chosen each flavor. The result will be a colorful picture graph. This really helps children to visualize how many children in the class like each flavor. Ask them simple questions about the graph such as: "Which flavor is liked the most?" "The least?" "Which flavor is most popular with the boys?" "With the girls?"

Extra Content: [Ice Melting](#) is a fun and cold activity to do with children and it goes great with our ice cream theme.

Skills

- **Math & Counting:** Children work on recognizing colors with the colors of ice cream being used, They are working on counting

- Language: Increasing vocabulary when talking about what they are working on
- Physical: Fine motor skills that strengthen the muscles in their hands when squeezing the spray bottles, Hand-eye coordination when squeezing the bottle to the hot air balloon
- Cognitive: Concept development of shapes
- Social: A lot of times children will be talking and interacting with one another during an activity like this

Materials

- Ice cream cone cutouts
- Poster paper
- Crayons
- Note card

Extra Content

<http://www.youtube.com/watch?v=myTM8QNIuXk>

Letters & Numbers

Activity Description - Letters:

Skills

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Materials

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Worship Time

Activity Description:

Skills

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Materials

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Art & Science

Activity Description - Science: Ice Cream in a Bag

We are going to make ice cream in a bag today. It is a delicious and fun way to bring the lesson of ice cream alive for the children.

[Here a link](#) to these directions if you'd rather print them out and follow along with me in [my video](#): In a small sandwich bag help your child pour half a 1/2 cup whole milk into the sandwich bag. Next, put 1 tablespoon of sugar and 1/2 teaspoon of vanilla into a sandwich bag. Seal this bag and put it to the side. Fill the large bag about halfway with ice and then add 6 tablespoons of rock salt. Now, put your small sandwich bag with all your ingredients into the large bag with the ice and rock salt. Let your children make ice cream by shaking the bag (It usually take between 5 to 10 minutes to make the ice cream.) Once, the ice cream is made you and the children can enjoy this tasty treat!

Music and Movement: Ice Cream (to the tune of Skip To My Lou)

Salt melts the ice so that it won't freeze
Salt melts the ice so that it won't freeze
Salt melts the ice so that it won't freeze
But it stays super cold

The super cold helps the milk freeze up

The super cold helps the milk freeze up

The super cold helps the milk freeze up

Freeze up really slow

Slow enough that the air gets trapped

Slow enough that the air gets trapped

Slow enough that the air gets trapped

To make our fluffy ice cream

Skills

- Math & Counting: Children work on counting, measuring, number recognition and math skills
- Language: Increasing vocabulary as they are learning new words and talking with one another
- Physical: Children are using their fine motor skills as they are measuring by scooping and pouring
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- Sandwich bag
- Milk
- Sugar
- Vanilla
- Ice
- Gallon size bag
- Rock salt
- Measuring utensils

Prep Video

<http://www.youtube.com/watch?v=pufDz2Ax5Z0>

Theme: Ice Cream

Day: 2

Module	Activity
Circle Time	Scooping Ice Cream Play-doh
Letters & Numbers	
Worship Time	
Art & Science	Build your own Ice Cream Cone

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

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I can sit down just to look at me.
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Days of the week. (Clap hands 2 times).

*Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Scooping Ice Cream Play-doh

Children can have fun scooping play dough as if it were ice cream. First make various colors of [play dough](#) and put them in ice cream containers. Here is the play dough [recipe](#). You can have your children use ice cream scoops to scoop out the play-doh and put them in plastic/paper bowls. If you'd like to expand the lesson you can scoop out certain colors and certain amounts and have them place the scoops of play-doh into the separate bowls.

Extra Content: Let the children use tongs to transfer cherries (red pom-poms) from one sundae dish to the other.

Skills

- Math & Counting: Children work on counting and math skills, Color recognition with the colors of play dough being used. If your children help to make the play dough they are working on measuring, counting and number recognition
- Language: Increasing vocabulary as they are learning new words and talking with one another

- Physical: Children are using their fine motor skills as they are scooping, this builds and strengthens the muscles in their hands
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- Ice cream scoops or spoons
- Ingredients for play-doh if you are making it
- plastic or paper bowls

Extra Content

<http://www.youtube.com/watch?v=nfxp48nJJQ>

Letters & Numbers

Activity Description - Numbers:

Skills

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Materials

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Worship Time

Activity Description:

Skills

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Materials

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Art & Science

Activity Description - Art: Build your own Ice Cream Cone

We are going to build our own ice cream cones by using [this pattern](#) and gluing one scoop on top of the other. Cut out the circles in various ice cream colors and the cones in a tan or brown color. Give each child a cone and lay the circles (ice cream) out on the table for them to choose whatever colors they would. Depending on the age of your children you can also have some that haven't been cut out for the children to cut them out. This is a great time for children to practice using scissors by cutting out their own circles to use as their scoops. Some children will find this hard to do and may get tired so have them just cut out one and then have a bunch already cut out for them to choose from. Other children may like cutting and so you can allow them to cut out as many as they'd like to. If when they cut them out they are not a perfectly round circle that's okay, it's all about the process they are going through by cutting out their circle (scoop).

Skills

- Math & Counting: Children work on counting and math skills
- Color recognition when they are recognizing the different colors of circle scoops they are using for their ice cream
- Language: Increasing vocabulary as they are learning new words and talking with one another

- Physical: Children are using their fine motor skills as they are picking up the scoops
- they are strengthening the muscles in their hands as they are using scissors to cut out their scoops
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- Construction paper of various colors
- Scissors
- Glue

Theme: Ice Cream

Day: 3

Module	Activity
Circle Time	Ice Cream Colors
Letters & Numbers	
Worship Time	
Art & Science	Shaving Cream Ice Cream

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

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Days of the week. (Clap hands 2 times).

Days of the week. Days of the week. Days of the

week. (Clap hands 2 times).

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Ice Cream Colors

Show children photos of different colored ice cream have the children name off each color they see. If your child is interested they can write the names of the colors they see by tracing or hearing it spelled or sounded out. Then discuss how some ice creams are a solid color like chocolate and vanilla, while other ice creams can be multiple colors like rainbow sherbet.

Music and Movement: [Five Little Ice Cream Cones](#)

Skills

- Math & Counting: Children work on counting and math skills
- Color recognition when they are recognizing the different colors of ice cream
- Language: Increasing vocabulary as they are learning new words and talking with one another. If children are writing out the colors they are working on letter and sound recognition
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to write
- Cognitive: Increasing observation skills with what they are seeing and talking about in the pictures
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- Looking eyes
- Listening ears
- Pencil or crayon
- Photos of different types/ colors of ice cream

Extra Content

<http://www.youtube.com/watch?v=A89xl1rfHM8>

Letters & Numbers

Activity Description - Numbers:

Skills

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Materials

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Worship Time

Activity Description:

Skills

-

Materials

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Art & Science

Activity Description - Art: Shaving Cream Ice Cream

Provide the children with a mixture of equal parts of shaving cream and glue. Add a few drops of paint to make different colored “ice cream” like brown for chocolate ice cream or pink for strawberry ice cream. Give the children a piece of construction paper and let them “scoop” some of the mixture of glue and shaving cream onto their paper. Using a spoon or their hands, have the children spread the mixture around. When they are done, add a brown triangle construction paper as their “cone.” You can use my [ice cream cones pattern](#) if you'd like.

Skills

- Math & Counting: Children work on counting

- Color recognition when they are recognizing the different colors of “ice cream
- ” Language: Increasing vocabulary as they are learning new words and talking with one another
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to spread around the shaving cream mixture
- Hand-eye coordination
- Cognitive: Increasing observation skills with what they are seeing and talking about in the pictures
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- Shaving cream
- Paint
- Glue
- Spoon
- Construction paper
- Brown triangle piece of construction paper



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