

Theme: My Family

Day: 1

Module	Activity
Circle Time	Where I Come From
Letters & Numbers	Letter Zz Food Series
Worship Time	A Fisherman's Net
Art & Science	Name Writing

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.*

One two three let's give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then
there's Saturday.*

Days of the week. (Clap hands 2 times).

Days of the week. (Clap hands 2 times).

*Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Where I Come From

Today we are learning about where your child(ren) came from. You can pull out a map and talk to your children about where their grandparents, parents, siblings, and they were born. Discuss where each member was born and what country their ancestors are from.

Skills

- Language: Increasing vocabulary, Expressive language skills
- Physical: Taking turns, Listening to what others say
- Cognitive: Concept development (understanding specifics about their family)
- Understanding how to find places on a map
- Emotional: Showing compassion.

Materials

- Map

Letters & Numbers

Activity Description - Letters: Letter Zz Food Series

Learn about the letter Z with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter Z. Then review the sound of the Z. Next look at one type of food that start with the letter Z: Zoo Animal Cookies. If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like.

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

[Click here](#) to watch the video!

Skills

- Language: During this time children are working on sharpening their language skills by recognizing a letter and the sound that the letter makes. They are working on their language skills when talking about their senses when tasting, feeling, touching and smelling the Vanilla Yogurt, Yogurt Covered Pretzels and Egg Yolk
- Physical: Children will work on their physical skills when using their grasping fingers to touch and pick up the food
- Social: Taking turns & sharing.

Materials

- Watch the [letter Z video](#)
- If you'd like to try the foods with Miss Cullen and Gator you will need Zoo Animal Cookies or you can choose other items that start with the letter Zz.

Prep Video

<http://www.youtube.com/watch?v=jq4HsQoesrU>

Worship Time

Activity Description: A Fisherman's Net

Story, Questions, Prayer

You can read from a Children's Bible, your Bible or use the following story.

A Fisherman's Net

Matthew 13:47-49

Jesus told this parable. "One day," he said, "some fishermen took their boat out. They threw their net into the water. All kinds of fish swam in the lake. When their net was full the fishermen returned to shore, they dragged their net out of the water and looked through their catch," said Jesus. "Then they sat down and kept all the good fish and tossed out all the bad fish." Jesus said, "The fisherman's net is like God's kingdom. Everyone wants to be part of his kingdom. But the angels will come and separate the Godly people from the ungodly people. The Godly people will live in heaven with me forever."

Bible Story Questions & Answers

Talk about what the Bible story was about by asking the children questions. You can decide ahead of time how you want them to answer the questions. I like to have the children raise their hand to answer the question. If they are incorrect that is fine, the fact that they are trying to answer the question is great. You can say what the answer is or ask: "Does anyone else have a thought or answer to the question?"

If children are having a difficult time answering a question you can read the whole story again or just parts of the story. This will help them to remember the story and answer the questions.

Questions to ask if you like:

- What were the fishermen in when they went out onto the lake? (A boat)
- What did they throw into the water? (Their nets)
- What swam into their nets? (Fish)
- When their nets were full where did they take them? (To the shore)
- What did the fishermen do? (They kept all the good fish and tossed out the bad fish)
- What is the fisherman's net like? (God's kingdom)

- Who will separate the godly people from the ungodly people? (The angels)
- What does it mean to be Godly? (A believer in Jesus... this may turn into a discussion, accept all answers and talk about them if needed, OR if no answers: “Did you know that to be a Godly person means that you believe in and act kindly like Jesus?)
- What does it mean to be ungodly? OR Did you know that to be an ungodly person means that you do not believe in Jesus?
- Where will the Godly people live? (In Heaven forever)
- Do you want to be Godly, and follow and act like Jesus ? (YES)

Prayer

While sitting on the floor with criss-cross legs, have the children repeat the following prayer after you; or you can use your own prayer. If you would like you could tell them to fold their hands and close their eyes or just sit quietly and say the prayer after you.

Dear God (children repeat)

Thank you for this day (children repeat) Please help me (children repeat)

To be a follower of yours (children repeat)

So I can be a part of your kingdom (children repeat) And live with you in Heaven forever
(children repeat) I love You (children repeat)

Amen (children repeat)

Skills

- Language: Listening to the story and answering the questions work with children on their language skills. Following directions
- Cognitive: As children continue to pray they are building their relationship with God and learning to trust Him
- Emotional: Growing in and deepening their relationship with God
- Social: When children are answering the questions they are working on speaking in public which is a great social skill.

Materials

- A children’s Bible if you’d like or you can read the story in the text I have written out for you
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Art & Science

Activity Description - Art: Name Writing

Write your child's name on a half sheet of paper in marker. Next, give your child the paper and glue. Have your child trace their name with the glue the best they can. Lastly, give your child different items to decorate their name. Some items you could use are: beads, pom poms, glitter, little rocks, etc. This can be a difficult task for some children to do, so make sure you give them as much time as they need.

[Click here](#) to watch this video!

Skills

- Physical: Fine motor skills that strengthen the muscles in their hands as they squeeze the bottle of glue and use their grasping fingers to pick up objects
- Letter recognition
- Color recognition (glue and items they are using)
- Language: Learning how to spell their name
- Emotional: Child finds new ways to express themselves.

Materials

- Paper (you may want to use a heavier weight of paper depending on the items child chooses to glue on the construction paper, cardstock, poster board)
- Markers
- Beads, pom poms, glitter (anything small to decorate with)
- Glue

Prep Video

http://www.youtube.com/watch?v=usDIOgyj5_4

Theme: My Family

Day: 2

Module	Activity
Circle Time	How Many Family Members?
Letters & Numbers	Letter Z
Worship Time	A Fisherman's Net Bible Key Point Coloring Page
Art & Science	Family Portrait

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

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Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

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This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: How Many Family Members?

Using family photos have your child count the number of people that are in their family. Use a poster and have the child write the names of the people in their family by tracing or hearing it spelled out. Then discuss some of the different features each family member has like: gender, hair color, age, etc.

Skills

- Language: Increasing vocabulary
- Math and Counting
- Writing skills. Letter recognition
- Physical: Increasing observation skills

Materials

- Print family photos

Letters & Numbers

Activity Description - Letters: Letter Z

We are going to play the [Flashlight Game](#) for the letter Z today. You can watch the video to get an idea of how to play. You can have objects around the room that start with the letter Z, have your child look for any object and say what the object starts with.

Skills

- Physical: Taking Turns. Having fun
- Language: Learning to recognize the letter Z and the sound it makes

Materials

- Flashlight

Extra Content

Flashlight Game:

<http://www.youtube.com/watch?v=sIXvbQdITiI&list=PL5D1E4F58C306D182>

Worship Time

Activity Description: A Fisherman's Net Bible

Key Point Coloring Page

Print out the Bible memory verse [coloring sheet](#) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas). Your discussion will lead into the "A Fisherman's Net" story. Questions to ask if you like:

- What are some things that you see in the picture? (A boat, a man, a net, a basket, fish-any answers are great)
- What did the man catch? (Fish)
- What was he using to catch his fish? (A net)
- What is the man throwing back? (A fish)
- Do you see some fish in the baskets? (Yes) This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say:
- "The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Matthew. When you find Matthew in the new testament look for the number 13 at the top left or right of the page, this is the chapter. You will see Matthew 13. We are looking for verse 48, and those numbers are much smaller under the big 13."
- After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- Cognitive: Memory skills when working on memorizing the Bible verse
- Emotional: Growing in and deepening their relationship with God
- Math & Counting: Color recognition with the colors of crayons they are using.

Materials

- Crayons or something to color with.

Extra Content

[Coloring Page](#)

Art & Science

Activity Description - Art: Family Portrait

Have the children draw their family portrait (picture). Give them the option of drawing it and painting the family portrait however they would like. Have the child try to add as much detail as possible like eye color, hair color, height, etc. Tell them besides just drawing their family they can also include their home or pets.

Skills

- Physical: Using fine motor skills that strengthen the muscles in their hands
- Math and Counting: Color recognition (paints and crayons)

Materials

- Bowls to hold the paint
- Paper
- Paint
- Crayons or markers
- Thin paint brushes

Theme: My Family

Day: 3

Module	Activity
Circle Time	Family
Letters & Numbers	Letter Zz Brush Painting

Worship Time	A Fisherman's Net Fish Basket
Art & Science	Family Tree

Circle Time

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Discussion: Family

Today we are going to talk about moms, dads, brothers, sisters, aunts, uncles and grandparents. Encourage the children to think about who makes up their family. Ask your child if all families are the same? Ask how each family is different? Also, ask your child what comes to their mind when they hear the word family? When they hear the word family does it include their pets? Lastly, ask if people who don't live at your house can be part of your family? On a big piece of paper write down the different responses your child gives you. You can also contribute your ideas so your child can see what family means to you as well.

Extra Content: [Eating as a Family](#)

Skills

- Language: Increasing vocabulary
- Cognitive: Using critical thinking skills. Improving observation skills

Materials

- Big piece of paper
- Pen/ marker to write down responses

Extra Content

http://www.youtube.com/watch?v=Mog67m1d6_I

Letters & Numbers

Activity Description - Letters: Letter Zz Brush Painting

Brush painting the letter Z. Upper and/or lower case. You can have the children use any colors they would like or you can put out some fun ones for children to choose from.

[Click here](#) for my Uppercase Letter G pattern

[Click here](#) for my Lowercase Letter g pattern

Skills

- Fine motor skills when holding and painting with the paintbrush
- Color recognition with the colors of paint chosen

Materials

- Letter Z pattern
- Paint brushes
- Paint of various colors

Extra Content

Uppercase Letter G pattern:

<http://cullensabcs.com/wp-content/uploads/2013/02/Letter-Z-Uppercase.pdf>

Lowercase letter g pattern:

<http://cullensabcs.com/wp-content/uploads/2013/02/Letter-z-lowercase.pdf>

Worship Time

Activity Description: A Fisherman's Net Fish Basket

Here is a way to introduce this art project to preschoolers: "In the story we learned about the angels separating the good fish from the bad fish. The good fish in the story are the Godly people that follow and act like Jesus, and the bad fish are the ungodly people that do not make good choices and do not follow Jesus. For art we are going to put the good fish in baskets."

You will find the [basket](#) and [fish](#) patterns labeled "Fish Basket Art Patterns." Print out the basket pattern on white paper for each child. Print out the fish pattern on white paper and cut them out for children to color. After they are done coloring they can use a glue stick to good fish in the basket and bad fish outside the basket.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers for coloring
- Math & Counting: Color recognition with the colors of crayons used
- Physical: Listening. Following directions
- Emotional: Deepening their relationship with Christ.

Materials

- [Basket pattern](#)
- [Fish patterns](#)
- Crayons
- Glue sticks
- Construction paper

Extra Content

Art & Science

Activity Description - Art: Family Tree

Now we are going to make a [family tree](#). For this activity, you will want to pre-cut leaves, a trunk with branches and enough leaves for every member of the family.

Give your child a piece of construction paper and then hand the child the tree. Allow your child to glue the tree anywhere they would like on their paper.

Next, explain to the child that each leaf is going to represent a member of their family. Have the child glue the first leaf at the top of the tree. This leaf will represent them. If the child has any siblings have the child add one leaf for each brother or sister. These leaves should be glued close to the top of the tree. Below the row for siblings, add another row of leaves that will represent the child's parents. A final row of leaves can then be added beneath the parents to represent each grandparent. As you have the child make each row, explain that every row of leaves stands for a different generation. Lastly, we are going to include the names of each family member on the apples that symbolize them. (If you don't want to write out every person's name you could have the child glue an individual photo of each person on their designated leaf.)

[Click here](#) for the tree & leaf pattern

Music and Movement: [Shape Family](#)

Skills

- Physical: Fine motor skills
- Language: Letter recognition
- Math and Counting: Color recognition
- Cognitive: Better understanding of their family

Materials

- Pre-cut leaves, and tree trunk with branches
- Construction paper
- Glue
- Marker to trace the names
- Photos of family members (optional)

Music & Movement

http://www.youtube.com/watch?v=_ZibXLQNQQw

Extra Content

Family Tree Art Pattern:

<http://cullensabcs.com/wp-content/uploads/2013/02/Family-Tree-Pattern.pdf>



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