



Lesson Plan

Theme: Pilgrims

Day: 1

Module	Activity
Circle Time	The Mayflower
Letters & Numbers	Letter Mm-Mayflower Hands
Worship Time	The Brave Queen
Art & Science	Mayflower Boats

Circle Time

Review - Start your preschool day with Circle Time and sing the "I Can Sit Down" song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the "Hi There" song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.*

*Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's Saturday.
Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: The Mayflower

For Circle Time today we are going to learn about the Pilgrims and their voyage on the Mayflower. [This link](#) will take you to some fantastic pictures and great information about their voyage. You can read the information to the children or there is even a little speaker icon that you can click on and listen to someone else read it.

Skills

- Math & Counting: Color recognition with the colors of pictures being looked at
- Language: Increasing expressive language skills as children are talking to each other about what they are learning about
- Physical: Sharing thoughts which is a good public speaking skill
- Social: While children are interacting with each other and with adults they are building their social skills.

Materials

- - A device (computer, smartphone, etc...) to be able to look at the pictures and read the information

Extra Content

http://www.scholastic.com/scholastic_thanksgiving/voyage/

Letters & Numbers

Activity Description – Letters: Letter Mm–Mayflower Hands



We have been learning about the Mayflower today so I thought it would be fun to make a handprint mayflower for the letter Mm. We are going to make a mayflower for art today as well. You can see the cute picture of the handprint and you can use [these Mayflower sails](#) if you'd like.

Make sure to talk about the letter Mm and the sound it makes.

Skills

- Math & Counting: Color recognition with the colors being used
- Language: Increasing expressive language skills as they are learning new letters and the sounds they make and conversations they are having with with each other
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills when squeezing the bottle of glue
- Social: While children are interacting with each other and with adults they are building their social skills

Materials

- - Construction paper to put the handprint onto. I think that light blue looks really nice because the colors show up really nice and it looks like the color of the sky but you can choose any color that you'd like.
 - White construction paper to cut the sails out of.
 - Brown paint and a paint brush to brush on the paint onto the hand.
 - Blue paint or a blue marker or crayon to to make the water.

Worship Time

Activity Description: The Brave Queen

Below you will find the story, some questions to ask and a prayer. Below you will find the story to read to children with some questions and then a prayer following that. You can read the story first, then ask the questions and then have them repeat the prayer after you. I have put periods throughout the prayer for you to pause and let the children repeat after you.

Read the Bible story:

The Brave Queen Esther 1-10

Ester was Jewish. That means she was an Israelite. She lived in the land of Persia with her older cousin Mordecai. The king of Persia needed a new queen. He announced, "Bring me the most beautiful women from all over my kingdom." Esther was one of the women sent to the palace. When the king met Esther, he chose her to be his queen.

Haman was the king's chief helper. He didn't like the Jewish people. They were God's people. Haman wanted everyone to bow down to him. Mordecai refused to bow down to Haman. Mordecai would only bow down to God.

Haman went to the king. He said, "The Jews are bad people. You should sign a law that will help me get rid of them." So the king signed a new law. God's people were in great danger!

Mordecai heard about the new law. He ran to tell Esther, "You must save yourself and the rest of God's people. Perhaps God has made you the queen for this reason." So Esther came up with a plan. It would be very risky for her.

Esther invited the king and Haman to a special dinner. Then she asked the king, "Why does Haman want to get rid of me?" The king was surprised. She said, "I am Jewish. Haman tricked you into signing a new law that would get rid of all the Jews."

The king told his guards, "Arrest Haman!" Then he made Mordecai his new chief helper. He told Queen Esther, "I will make a new law that will keep you and your people safe."

God used Esther to save his people!

Bible Story Questions & Answers

Talk about what the Bible story was about by asking the children questions. You can decide ahead of time how you want them to answer the questions. I like to have the children raise their hand to answer the question. If they are incorrect that is fine. You can say what the answer is or ask: "Does anyone else have a thought or answer to the question?"

Questions after Story:

- Who did the King of Persia choose to be his queen? (Esther)
- Was Haman the king's helper? (Yes)
- Did Haman like Jewish people? (No)
- Was Esther Jewish? (Yes)
- Haman wanted everyone to bow down to him and when Mordecai did not bow down to him did Haman like this? (No)
- Who was the only one that Mordecai would bow down to? (God)
- Did Haman go to the king to have him sign a new law saying that Haman could get rid of the Jewish people? (Yes)
- Once Esther heard about this did she come up with a plan? (Yes)

- What did Esther invite the king and Haman to? (A special dinner)
- Do you remember what Esther asked the king? (Why does Haman want to get rid of me? Some children may not remember all of this and that is okay. You may need to give them some clues or read that part of the story again.)
- Esther told the king that she is Jewish and that Haman had tricked him into signing a new law that would get rid of all the Jews. Did the king arrest Haman? (Yes)
- Did the king make a new law that kept Esther and her people safe? (Yes)
- Who did God use to save his people? (Esther)

Prayer

While sitting on the floor with criss cross legs, have the children repeat after you. You can have them fold their hands and close their eyes or just sit quietly and say after you. Following is a prayer written out that you can use, or you can make up your own.

Dear Jesus (children repeat)

Thank you for this day. (children repeat)

Please help me (children repeat)

to be like Esther (children repeat)

and help others. (children repeat)

I love You (children repeat)

Amen (children repeat)

Skills

- Language: Listening to the story and answering the questions work with children on their language skills
- Following directions
- Cognitive: As children continue to pray they are building their relationship with God and learning to trust Him
- Emotional: Growing in and deepening their relationship with God Social: When children are answering the questions they are working on speaking in public which is a great social skill.

Materials

- - A children's Bible or you can use the story that is provided.

Extra Content

<http://www.youtube.com/watch?v=PYsoJJjuhM>

Art & Science

Activity Description – Art: Mayflower Boats

Today for art we are going to make Mayflower boats! For instructions be sure to [watch this video](#) and use [this pattern](#)!

Skills

- Language: Increasing expressive language skills as children are talking to each other about what they are doing
- Physical: Fine motor skills that strengthen the muscles in their hands when using their fingers to squeeze the glue bottle and when using their grasping fingers when picking up toothpicks and pieces of paper to glue on
- Cognitive: Recalling information they have learned about the Mayflower
- Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

- - Construction paper
 - Toothpicks
 - Glue
 - [Mayflower pattern](#)

Prep Video

<http://www.youtube.com/watch?v=-932w6Xuuyg>

Theme: Pilgrims

Day: 2

Module	Activity
Circle Time	Thanksgiving Feast
Letters & Numbers	Letter M Food Series
Worship Time	The Brave Queen-Memory Verse Coloring Sheet
Art &	Paint Chip Turkey

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the “Days of the Week” song. (Tune of the “Adams Family”)

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's Saturday.
Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Thanksgiving Feast

For Circle Time today we are going to learn about The Thanksgiving Feast. [This link](#) will take you to some fantastic pictures, great information and even a slideshow about the feast. You can read the information to the children or there is even a little speaker icon that you can click on and listen to someone else read it.

Music and Movement: ["Did you Ever See a Turkey"](#) is a fun song to sing incorporating the color brown (color of our month) and a few other colors as well. It also has a fun and upbeat song to

sing. If you'd like you can make some feathers ahead of time to use while singing the song but you certainly don't have to.

Skills

- Math & Counting: Color recognition with the colors of pictures being shown
- Language: Increasing expressive language skills as children are talking to each other about what they are doing
- Physical: Actively listening to the information being shared
- Cognitive: Comparing and contrasting what the Pilgrims life was like back then and what their life is like as a child today. Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

- - A device (computer, smart phone, etc..) to be able to look at the pictures and read the information.
 - [Thanksgiving Feast from Scholastic](#)

Music & Movement

<http://www.youtube.com/watch?v=pck4ZmWmnyU>

Letters & Numbers

Activity Description – Letters: Letter M Food Series

Learn about the letter M with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter M. Then review the sound of the M. Next look at two types of food that start with the letter M: M&M's, Marshmallow and Mandarin Oranges. If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like.

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

Skills

- Math & Counting: Color recognition with the colors of the food being used
- Language: Increasing expressive language skills as they are learning new letters and the sounds they make and conversations they are having with with each other
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to pick up the food

- Hand-eye coordination when putting the food in their mouth Cognitive: Increasing observation skills with what they are seeing and talking about with the food
- Concept development of shapes and sizes of the food Social: While children are interacting with each other and with adults they are building their social skills

Materials

- - [Lowercase letter m](#)
 - [Uppercase letter M](#)
 - M&
 - M's, Marshmallow's and Mandarin Oranges if you and your children would like to try them with me.
 - [Letter Mm Food Series Video](#)

Worship Time

Activity Description: The Brave Queen–Memory Verse Coloring Sheet

The Brave Queen

Print out the [Bible memory verse coloring sheet](#) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas). Your discussion will go with the **The Brave Queen** story you have read.

Questions to ask if you like:

- How many people are there? (Three)
- Is the Queen pointing to someone? (Yes)
- What look does the King have on his face? (Surprised - Except all answers)

This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say:

“The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Esther. When you find Esther in the new testament look for the number 9 at the top left or right of the page, this is the chapter. You will see Esther 9. We are looking for verse 32, and those numbers are much smaller under the big 9.”

After looking at the Bible show them “Esther 9:32” written out on their Memory Verse Coloring Sheet. To see and hear all of the Books that make up the Bible watch this fun, short video, [The Books of the Bible](#), by Readeez!

After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- Cognitive: Memory skills when working on memorizing the Bible verse
- Emotional: Growing in and deepening their relationship with God
- Math & Counting: Color recognition with the colors of crayons they are using
-

Materials

- - Crayons, markers, colored pencils
 - [Brave Queen Color Sheet](#)

Art & Science

Activity Description – Art: Paint Chip Turkey

This paint chip turkey is super cute for children to make and I think it is one of those decorations that can be brought out year after year as part of your decorations at home. Children have fun choosing the colors of feathers or paint chips they want their turkey to have. [Click here](#) for the video and for the [turkey body art pattern](#).

Skills

- Math & Counting: Color recognition with the colors being used
- Language: Increasing expressive language skills as children are talking to each other about what they are doing
- Physical: Fine motor skills when picking up the paint chips with their grasping fingers
- Fine motor skills when squeezing the bottle of glue
- Fine motor skills that strengthen the muscles in their hands when drawing with markers
- Cognitive: Recalling information they have learned about turkey's and thanksgiving
- Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

-

- Tape or glue to attach the paint chips
- Paint Chips (or feathers)
- [Turkey pattern](#)
- Brown construction paper

Prep Video

<http://www.youtube.com/watch?v=Z-cSEJ1huAs>

Theme: Pilgrims

Day: 3

Module	Activity
Circle Time	Pilgrims Daily Life
Letters & Numbers	Letter M-Making Butter
Worship Time	Queen Esther-Making a crown
Art & Science	Corn on the Cob

Circle Time

Review - Start your preschool day with Circle Time and sing the "I Can Sit Down" song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the "Hi There" song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.*

One two three let's give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's Saturday.
Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Pilgrims Daily Life

For Circle Time today we are going to learn about the Pilgrims Daily Life. [This link](#) will take you to some fantastic pictures and great information about what the Pilgrims did on a day to day basis. You can read the information to the children or there is even a little speaker icon that you can click on and listen to someone else read it.

Skills

- Math & Counting: Color recognition with the colors of pictures being looked at
- Language: Increasing expressive language skills as children are talking to each other about what they are learning about
- Physical: Actively listening to the information being shared with the children
- Cognitive: Comparing and contrasting what the Pilgrims life was like back then
- Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

- - A device to be able to look at the pictures and read [this information](#) about pilgrims.

Letters & Numbers

Activity Description – Letters: Letter M–Making Butter

The pilgrims made a lot of things to eat and to wear. Lets [make butter](#) today just like the pilgrims did a long time ago. I know the letter of this week is M so we are going to Make something :). You

can provide the children with a child safety knife to spread some butter onto the crackers or bread so that they can see what the butter tastes like.

Skills

- Math & Counting: If children are counting to wait for their turn they are working on rote counting
- Language: Increasing expressive language skills as children are talking to each other about what they are doing
- Physical: Fine motor skills when shaking the container of whipping cream
- Sometimes children will really get into the shaking and it will turn into a large motor skill as well
- Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

- - Heavy Whipping Cream
 - A container to shake it in
 - Crackers bread to spread the butter on to try it
 - Child safety knife to spread the butter onto the bread or crackers

Prep Video

<http://www.youtube.com/watch?v=FjFSgstGkjU>

Worship Time

Activity Description: Queen Esther–Making a crown

We have been learning about Queen Esther this week during our worship time. A queen wears a crown so we are going to decorate our own crown. Here is the [crown pattern](#). You can have children color the crayon with markers or they can glue jewels onto the crown to add some fun sparkle to it. If you'd like to read they story you can find it in Day 1 under worship

Skills

- Small motor skills working the muscles in their hands when picking up the seeds, digging in the dirt and planting the seeds
- Learning new vocabulary
- Listening
- Following Directions

Materials

- - [Crown Pattern](#)
 - Glue
 - Items to glue onto the crown or markers to color the crown

Art & Science

Activity Description – Art: Corn on the Cob

Since we are learning about how the daily life of pilgrims and one of the things that they did was grow their own crops, I thought it would be fun to make corn on the cob for art today. Using the pattern [here](#) go ahead and print it out, cut it out and trace it onto construction paper. You could even have the children cut out the corn pattern! [Here is the video](#) if you would like to gather some ideas before beginning the project.

Skills

- Math & Counting: Color recognition with the colors being used
- Language: Increasing expressive language skills as children are talking to each other about what they are doing
- Physical: Fine motor skills that strengthen the muscles in their hands when squeezing the bottle of glue, using scissors and picking up the popcorn kernels with their grasping fingers
- Social: While children are interacting with each other and with adults they are building their social skills
-

Materials

- - [Corn and Husk pattern](#)
 - Popcorn kernels
 - Glue
 - Construction paper

Prep Video

http://www.youtube.com/watch?v=yqLtOE_tTTk