



Lesson Plan

Theme: Rainbow of Colors

Day: 1

Module	Activity
Circle Time	Rainbow Arch
Letters & Numbers	Letter G Food Series
Worship Time	Memory Verse Coloring Sheet The Rainbow
Art & Science	Rainbow Arch

Circle Time

Review - Start your preschool day with Circle Time and sing the "I Can Sit Down" song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the "Hi There" song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.*

*Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's Saturday.
Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Rainbow Arch

Let's color a rainbow today! [Click here](#) for the rainbow arch pattern and put out crayons for all the colors of the rainbow (red, orange, yellow, green, blue and purple). You can show the children a picture of a rainbow so they know what it looks like and what colors to use. Some children, depending on their skill level will be able to choose the colors in the order they go and will be able to color with them in the arch shape. Other children may mix up the order of the colors and color in various ways on their arch shape and that is okay. Allow them to color it however they'd like to. It is all about the process they are going through learning how to hold the crayon properly, learning about the different colors and strengthening the muscles in their hands which is a great fine motor skill.

Skills

- Math & Counting: Color recognition with the colors of crayons being used
- Language: Expressive language skills as children are talking about what they are doing
- Physical: Fine motor skills that strengthen the muscles in their hands when picking up the crayons with their grasping fingers Cognitive: Increasing vocabulary and descriptive skills as children are learning about the colors in the rainbow
- Social: A lot of times children will be talking and interacting with one another during a project like this.

Materials

- - [Rainbow Pattern](#)
 - Crayons, markers or colored pencils for all the colors of the rainbow (red, orange, yellow, green, blue and purple)

Letters & Numbers

Activity Description – Letters: Letter G Food Series

Learn about the letter G with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter G. Then review the sound of the G. Next look at three types of food that start with the letter G: Gatorade, Granola and Grapefruit . If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like. [Click here](#) to watch the video!

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

Skills

- Math & Counting: Color recognition with the colors of the food being used
- Language: Increasing expressive language skills as they are learning new letters and the sounds they make and conversations they are having with with each other
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to pick up the food
- Hand-eye coordination when putting the food in their mouth
- Cognitive: Increasing observation skills with what they are seeing and talking about with the food
- Concept development of shapes and sizes of the food
- Social: While children are interacting with each other and with adults they are building their social skills

Materials

- - Three types of food that start with the letter G. Miss Cullen uses Gatorade, Granola and Grapefruit but feel free to use other food items that start with the letter G

Prep Video

<http://www.youtube.com/watch?v=wr2YlxLOUbQ>

Worship Time

Activity Description: Memory Verse Coloring Sheet | The Rainbow

[Print out the Bible memory verse coloring sheet](#) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas).

Questions to ask if you like:

- Can you tell me about what animals you see in this picture? (accept all answers)
- What are the animals in? (The ark)
- What is in the sky above the ark? (A rainbow)

After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- Cognitive: Memory skills when working on memorizing the Bible verse
- Emotional: Growing in and deepening their relationship with God
- Math & Counting: Color recognition with the colors of crayons they are using
- Materials: Crayons
- Memory verse coloring sheet

Materials

- - [Bible memory verse coloring sheet](#)
 - Crayons

Art & Science

Activity Description – Art: Rainbow Arch

Let's color a rainbow for art today! [Click here](#) for the rainbow arch pattern and put out crayons for all the colors of the rainbow (red, orange, yellow, green, blue and purple). You can show the children a picture of a rainbow so they know what it looks like and what colors to use. Some children, depending on their skill level will be able to choose the colors in the order they go and will be able to color with them in the arch shape. Other children may mix up the order of the colors and color in various ways on their arch shape and that is okay. Allow them to color it however they'd like to. It is all about the process they are going through learning how to hold the crayon properly, learning about the different colors and strengthening the muscles in their hands which is a great fine motor skill.

Games and Play: [Color Recognition Matching Game](#)

Skills

- Math & Counting: Color recognition with the colors of crayons being used
- Physical: Fine motor skills that strengthen the muscles in their hands when picking up the crayons with their grasping fingers
- Cognitive: Drawing from what they have been learning about rainbows to do this project
- Social: A lot of times children will be talking and interacting with one another during a project like this

Materials

- [Rainbow arch pattern](#)
- Rainbow crayon colors
- White construction paper

Games & Play

<http://www.youtube.com/watch?v=CpMqcMD9Fpw>

Theme: Rainbow of Colors

Day: 2

Module	Activity
Circle Time	Making a rainbow
Letters & Numbers	Coloring the letter G with Green a Rainbow Color
Worship Time	Bible Memory Verse Coloring Sheet Joshua and the Spies
Art & Science	Rainbow Toast

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the “Days of the Week” song. (Tune of the “Adams Family”)

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then there's Saturday.
Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Making a rainbow

This lesson on [Making a Rainbow](#) is already prepared for you! All you need to do is to push play on the video and your child can interact with Miss Cullen and learn all about the colors in the rainbow.

Music and Movement: [Mr. Sun Song](#)

Skills

- Math & Counting: Color recognition while children are learning about the colors of the rainbow
- Cognitive: Increasing vocabulary
- Social: Children are working on their social skills when they interact with other children and adults.

Materials

- - Red, yellow and blue paint
 - Paint brush
 - Listening ears

Music & Movement

<http://www.youtube.com/watch?v=d1mUu9tmJao>

Prep Video

<http://www.youtube.com/watch?v=PMa7ekkj-zQ>

Letters & Numbers

Activity Description – Letters: Coloring the letter G with Green a Rainbow Color

Today we are going to color the letter Gg with different shades of green crayons. Green is a color in the rainbow and the word green starts with the letter G. Find as many different shades of green crayons and colored pencils and place them on the table for children. They can choose however they'd like to color their G. They can color both uppercase and lowercase or one or the other, whatever you have time for.

[Click here](#) for Uppercase Letter G.

[Click here](#) for Lowercase letter g.

Skills

- Math & Colors: Color recognition with the colors being used
- Letter recognition and recognizing the sound that the letter makes
- Language: Increasing expressive language skills as they are learning a new letter and the sound it makes and conversations they are having with with each other
- Physical: Children are strengthening the muscles in their hands as they are using their fine motor skills to color the letter G
- Cognitive: Increasing observation skills with what they are seeing and talking about with the letters
- Social: While children are interacting with each other and with adults they are building their social skills

Materials

- - [Click here](#) for Uppercase Letter G.

[Click here](#) for Lowercase letter g.

- Different shades of green crayons

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Worship Time

Activity Description: Bible Memory Verse Coloring Sheet | Joshua and the Spies

[Print out the Bible memory verse coloring sheet](#) and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas). Your discussion will lead into the Joshua and the Spies story you have read.

Questions to ask if you like:

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How many people are in this picture? (Three)

•

Is there a lady in this picture? (Yes)

•

What does it look like she is doing? (Holding a rope)

•

Where is she standing? (Inside a house at a window)

•

Does it look like she is helping someone? (Yes)

•

How many people is she helping? (Two)

•

Are the people she is helping men or woman? (Men)

•

What does it look like the men are doing? (Going down a rope)

•

Can you help others too? (Yes)

This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say:

“The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Genesis. When you find Genesis in the new testament look for the number 4 at the top left or right of the page, this is the chapter. You will see Genesis 4. We are looking for verse 7, and those numbers are much smaller under the big 4.”

After looking at the Bible show them “Genesis 4:7” written out on their Memory Verse Coloring Sheet. To see and hear all of the Books that make up the Bible watch this fun, short video, [The Books of the Bible](#), by Readeez!

After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- Cognitive: Memory skills when working on memorizing the Bible verse
- Emotional: Growing in and deepening their relationship with God
- Math & Counting: Color recognition with the colors of crayons they are using
- Materials: Crayons
- Memory verse coloring sheet

Materials

- [Bible memory verse coloring sheet](#)
- crayons, markers or colored pencils

Art & Science

Activity Description – Art: Rainbow Toast

Rainbow toast is fun to make and fun to eat. [Click here](#) for step by step directions on how to make it. I have also used sweetened condensed milk and added the food coloring into that and then “painted” it on. It is much more sweet, like putting honey on your bread. If you can, use primary food colors (red, yellow and blue) so that when they paint them onto their bread they can see the colors change to secondary colors.

Skills

- Math & Counting: Color recognition with the colors being painted on. Learning about primary and secondary colors and what happens when you mix the two

together

- Physical: Fine motor skills that strengthen the muscles in their hands when holding the paintbrush and painting on the colors
- Social: A lot of times children will be talking and interacting with one another during a project like this

Materials

- - Paint brushes
 - Milk (or sweetened condensed milk)
 - Food coloring
 - Paint brushes to be used for food
 - Bread-white or sourdough works best with the food coloring as it shows up better.
 - [Rainbow Toast Instructions](#)

Theme: Rainbow of Colors

Day: 3

Module	Activity
Circle Time	Mixing Paint Colors
Letters & Numbers	Game starts with the letter G
Worship Time	Rainbow Fish
Art & Science	Fizzy Rainbow's

Circle Time

Review - Start your preschool day with Circle Time and sing the "I Can Sit Down" song (Improvise your tune)

*I can sit down as quite as can be.
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Discussion: Mixing Paint Colors

We are going to work on mixing colors today. [Click here](#) for the video on mixing colors in bags and learn about what you will need. If your child would like to mix colors touching the paint with their fingers [click here](#) for the video on finger-painting. While you are mixing talk about primary colors and secondary colors. Talk about what it feels like, what colors they see what they think about it.

Games and Play: [Gummy Bear Sorting](#); [pattern](#)

Music and Movement: [Mister Sun Feltboard](#)

Skills

- Math & Counting: Color recognition with the colors being used
- Learning about primary and secondary colors and what happens when you mix the two together
- Physical: Fine motor skills that strengthen the muscles in their hands when mixing the colors with their fingers
- Social: A lot of times children will be talking and interacting with one another during a project like this

Materials

- - Paint
 - Paper or bags depending on which project you are going to do

Games & Play

<http://www.youtube.com/watch?v=loldVi1zbms>

Music & Movement

<http://www.youtube.com/watch?v=G-ZeXC7mXA0>

Prep Video

<http://www.youtube.com/watch?v=LIQhJB9JYYo>

Extra Content

http://www.youtube.com/watch?v=Bgy3v_l1Q1g

Letters & Numbers

Activity Description – Letters: Game starts with the letter G

Let's play a game for the letter G! Red light, Green light is a fun game to make and to play. Here is the [Red Light, Green Light video](#) on how to make it and play it.

Skills

- Math & Counting: Color recognition with the colors children are using to decorate their ducks
- Language: Following directions
- Physical: Children are working on their fine motor skills as they are working on this project
- Emotional: Growing in and deepening their relationship with God
- Social: A lot of times children will be talking and interacting with one another during a project like this

Materials

- - White construction paper
 - Red and green crayons
 - Scissors

Prep Video

http://www.youtube.com/watch?v=j6nrtXW_Obc

Worship Time

Activity Description: Rainbow Fish

This [Rainbow Fish Felt Board Story](#) is neat for children to watch interactively. Since we are learning about the rainbow that God put in the sky to remind us that He would never flood the earth again, rainbow fish is neat to watch and notice all of the colors of the rainbow. In the beginning of the story, rainbow fish is not good at sharing with others and quickly learns a lesson about friends, sharing and how important the two of those are.

Skills

- Math & Colors: Color recognition with the colors of the fish in the video
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Materials

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Prep Video

<http://www.youtube.com/watch?v=kwxEfeKzBZw>

Art & Science

Activity Description – Science: Fizzy Rainbow's

For a science project today we are going to make fizzy rainbows with baking soda, vinegar, eye droppers and food coloring. [Click here](#) to watch the video.

Skills

- Math & Counting: Color recognition with the colors being used
- Learning about primary and secondary colors and what happens when you mix the two together
- Physical: Fine motor skills that strengthen the muscles in their hands when holding and pinching the eye droppers
- Emotional: Using some of our 5 senses
- Social: A lot of times children will be talking and interacting with one another during a project like this

Materials

- - Baking soda
 - A bowl or cookie sheet or tray
 - Food Coloring
 - Vinegar
 - Eye droppers

Prep Video

<http://www.youtube.com/watch?v=K-IRenDGIsE>

Cullen's ABC's