

Theme: Shapes & Sizes

Day: 1

Module	Activity
Circle Time	Shape Dancing
Letters & Numbers	Letter S with Food Series
Worship Time	David & Goliath: Bible Story
Art & Science	Shape Art

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.
Hi there, so glad you're here.
Hi there, so glad you're here.*

One two three let's give a cheer. Yay

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then
there's Saturday.*

Days of the week. (Clap hands 2 times).

Days of the week. (Clap hands 2 times).

*Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Shape Dancing

Dancing around shapes is a great way to introduce shapes to children. Lay out a bunch of different shapes inside or outside. You can cut them out of colored construction paper or cut them out of white paper and have children help to color them; each shape being a different color. Now find some fun dancing music. Play the music and the children will dance around the shapes. Then pause the music and the children find a shape to stand on. When they stand on the shape have them call out the shape they are on and even the color of the shape as well.

Skills

- shape recognition
- color recognition
- body-space awareness
- large motor skills

Materials

- shapes, construction paper, crayons, scissors, music

Music & Movement

<http://www.youtube.com/watch?v=TYLXMn0gum0>

Letters & Numbers

Activity Description - Letters: Letter S with Food Series

Learn about the letter S with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter S. Then review the sound of the S. Next look at three types of food that start with the letter S: salsa, spinach and salami. If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like.

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

Skills

- Letter recognition
- sound recognition
- increases language development

Materials

- Three types of food that start with the letter S. Miss Cullen uses salsa, spinach and salami but feel free to use other food items that start with the letter S. Other food ideas include scampi, seaweed, sausage, shortcake, snails, soy milk, squash and spaghetti.

Prep Video

<http://www.youtube.com/watch?v=kYRSKOBuFFg>

Worship Time

Activity Description: David & Goliath: Bible Story

For this Bible story I recommend that you read the story, ask the questions and then do the Bible memorization:

David and Goliath

1 Samuel 17

Saul and the army of Israel gathered together. They lined up their men to fight against the Philistines. The Philistine army was camped on one hill. Israel's army was on one another. The valley was between them. A mighty hero named Goliath came out of the Philistine camp. He was more than nine feet tall. Goliath stood and shouted to the soldiers of Israel. He said, "Why do you come out and line up for battle? I'm a Philistine. You are servants of Saul. Choose one of your men. Have him come down and face me.

Saul and the whole army of Israel heard what the Philistine said. They were terrified.

Every morning and evening Goliath came forward and stood there. He did it for 40 days.

Then David picked up his wooden staff. He went down to a stream and chose five smooth stones. He put them in the pocket of his shepherd's bag. Then he took his sling in his hand and approached Goliath. David said to Goliath, "You are coming to fight against me with a sword, a spear and a javelin. But I'm coming against you in the name of the Lord who rules over all. He is the God of the armies of Israel. He's the one you have dared to fight against." As the Philistine moved closer to attack him, David ran quickly to the battle line to meet him. He reached into his bag. He took out a stone. He put it in his sling. He slung it at Goliath. The stone hit him on the forehead and sank into it. He fell to the ground on his face. So David won the fight against Goliath with a sling and a stone. He

struck the Philistine down and killed him. He did it without even using a sword.

You can read the story again and whenever you say the name Goliath the children stand on their tip-toes to be tall and when you say the name David they squat down to be short.

Questions after Story:

“Who was in the story?” *David and Goliath*

“Was Goliath making bad choices?” *Bad*

“What did David do to Goliath?” *He beat him*

“How did David defeat Goliath?” *With 1 stone and a slingshot*

Activity to work on memorizing a Bible verse to go with the story:

So David: *put hand out showing someone who isn't very tall*

Won the fight: *raise arms above head as though you won something*

Against Goliath: *put hand out showing someone who is very tall*

With a sling: *act like you are pulling a sling back*

And a stone: *hold up 1 finger*

1 Samuel 17: *hold up ten fingers and then seven fingers*

50: *hold up five fingers on one hand and make a “0” with the other hand*

Do this a few times with the children. Make it fun for them to do the motions and say the words.

Involving them in active learning is essential for memorization at this age.

Skills

- Increasing vocabulary
- memorization

Materials

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Art & Science

Activity Description - Art: Shape Art

This is a fun art project for children to make a picture using shapes. Make sure you watch the [video](#) so that you know what materials you need and what to prep ahead of time. [Here](#) is a link to my shapes template (all templates can be found on my website, www.cullensabcs.com, under "Art Patterns").

Skills

- Shape recognition
- color recognition
- small motor skills building muscles in hands when squeezing glue bottle
- imagination when putting together their picture

Materials

- Construction paper, glue, scissors, crayons or markers

Prep Video

<http://www.youtube.com/watch?v=NY10Teazf5c>

Extra Content

Shapes Pattern Template:

<http://cullensabcs.com/wp-content/uploads/2010/04/Shapes-Template.pdf>

Theme: Shapes & Sizes

Day: 2

Module	Activity
Circle Time	Shape Family
Letters & Numbers	Stamping on the Letter S
Worship Time	David & Goliath Bible Memory Verse Coloring Page
Art & Science	Bubble Painting with Shapes

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

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Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

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there's Tuesday and there's Wednesday,
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Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Shape Family

This is a great way to learn about the names of shapes and how many sides they have. You can watch this [interactive video](#) with children and they can participate in it.

Music and Movement:

Shape Movement is a large motor activity that works on building up those large muscles in their body while working on shape, color and number recognition. Click the "Music and Movement" link above or click [here](#) to watch a video! [Click here](#) for a template on shapes you can cut out!

Skills

- Shape recognition
- learning new vocabulary
- large or gross motor

Materials

- For the Music &
- Movement Activity: Shapes cut out of paper, scissors, writing utensil for tracing

Music & Movement

<http://www.youtube.com/watch?v=XJF2UzaUQGM>

Extra Content

http://www.youtube.com/watch?v=_ZibXLQNQQw

Letters & Numbers

Activity Description - Letters: Stamping on the Letter S

Print out the [pattern of the Letter S](#) if you'd like. You can cut out the letter or use it on the paper you print it on. You can watch the [video](#) to get some ideas if you like.

Skills

- Letter recognition
- sound recognition,

Materials

- Stamps, the letter S

Prep Video

<http://www.youtube.com/watch?v=6QsZBuLeT2o>

Worship Time

Activity Description: David & Goliath Bible Memory Verse Coloring Page

If you would like to read the story while the children are coloring the [Bible Memory Verse Coloring Page](#) here it is:

1 Samuel 17

Saul and the army of Israel gathered together. They lined up their men to fight against the Philistines. The Philistine army was camped on one hill. Israel's army was on one another. The valley was between them. A mighty hero named Goliath came out of the Philistine camp. He was more than nine feet tall. Goliath stood and shouted to the soldiers of Israel. He said, "Why do you come out and line up for battle? I'm a Philistine. You are servants of Saul. Choose one of your men. Have him come down and face me."

Saul and the whole army of Israel heard what the Philistine said. They were terrified. Every morning and evening Goliath came forward and stood there. He did it for 40 days. Then David picked up his wooden staff. He went down to a stream and chose five smooth stones. He put them in the pocket of his shepherd's bag. Then he took his sling in his hand and approached Goliath. David said to Goliath, "You are coming to fight against me with a sword, a spear and a javelin. But I'm coming against you in the name of the Lord who rules over all. He is the God of the armies of Israel. He's the one you have dared to fight against." As the Philistine moved closer to attack him, David ran quickly to the battle line to meet him. He reached into his bag. He took out a stone. He put it in his sling. He slung it at Goliath. The stone hit him on the forehead and sank into it. He fell to the ground on his face. So David won the fight against Goliath with a sling and a stone. He struck the Philistine down and killed him. He did it without even using a sword.

Skills

-

Materials

- David and Goliath Bible Memory Verse Coloring Page

Extra Content

David & Goliath Bible Memory Verse Coloring Page:

<http://cullensabcs.com/patterns/bible-memory-verse-coloring-page-david-and-goliath/>

Art & Science

Activity Description - Art: Bubble Painting with Shapes

I love doing this project with children because it is so fun to watch their faces when they blow through the straws to make the bubbles and to make them really big. They also like to see the bubble print that is left on the paper. It is so neat. This art project is super fun to take pictures of. Make sure to watch [the video](#) to get the idea of how to do it and what you will need. It is great for children to be able to stand up while doing this project or if you don't have low enough table have them sit on their knees.

Skills

- Blowing through straws
- color and shape recognition when the colored bubble prints mix together the colors change

Materials

- Dish soap, water, non-toxic paint, straws, scissors, bowls or pie tins, shapes cut out of construction paper-the heavier the weight the better, you may want to line the table with paper towels or newspaper to soak up the bubbles that overflow from the bowls when the bubbles are blown. You may want to cut a tiny hole or slit near the top of the straw in case they decide to suck up the the soap mixture then most of it will come out the hole rather than in their mouth. Some may get in their mouth but you can just help them wash it out if it does.

Prep Video

http://www.youtube.com/watch?v=_os1NvPtZnw

Theme: Shapes & Sizes

Day: 3

Module	Activity
Circle Time	Sizes (& Book Reading)
Letters & Numbers	I Spy Game
Worship Time	David & Goliath Booklet
Art & Science	Pizza Art & The Color Orange

Circle Time

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Next do your Special Help activity.

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week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Sizes (& Book Reading)

Today we are going to be learning about the sizes small, medium and large. To help learn about sizes let's listen to the story [Goldilocks and the Three Bears](#).

If you'd like you can also read *The Mitten* by Jan Brett is a neat way to talk about sizes with children. If you already have a copy of this book that is great however if you don't you can always check it out at the library. Jan Brett has a great website with many activities to go with her stories and she had a fun one to go with *The Mitten*. Here is the link if you'd like to check it out http://www.janbrett.com/put_the_animals_in_the_mitten.htm To make the animals and mittens a bit more colorful you could print them out and have children help to color them.

Skills

- Learning about sizes small medium and large

- Listening
- Learning new Vocabulary
- color recognition
- sequencing of the story

Materials

- For the book reading: print out of the animals and mittens, The Mitten book, crayons, tape or stapler to put the mittens together

Prep Video

<http://www.youtube.com/watch?v=6euLvYXhubE>

Extra Content

http://www.youtube.com/watch?v=_ooeGbhTugQ

Letters & Numbers

Activity Description - Letters: I Spy Game

The Letter of our week is S and the color of our month is Orange. Let's play I Spy and look for the letter S and the color Orange. Of course you can spy other shapes, sizes, colors, letters and objects. Have fun spying many things with children. You can watch [this video](#) to learn how to play.

Skills

- Letter and color recognition

Materials

- eyes for spying

Prep Video

<http://www.youtube.com/watch?v=fDOPH8I7hHQ>

Worship Time

Activity Description: David & Goliath Booklet

This week we are learning about David and Goliath. This is a great story to learn about sizes as well as learning new vocabulary. Goliath was very large and David was much smaller than Goliath. Thank you to Ministry to Children for providing [this awesome booklet](#) for you to use. Just print it out, cut it out and put it together to make the book. Then read through it with children.

Skills

- Listening and learning about story in the Bible
- Learning about sizes
- Learning about bravery
- Trusting God

Materials

- Scissors, and a stapler if you'd like to staple it together to make a book

Extra Content

David & Goliath Booklet:

<http://cdn.www.ministry-to-children.com/wp-content/uploads/2011/06/David-and-Goliath-Booklet.pdf>

Art & Science

Activity Description - Art: Pizza Art & The Color Orange

For art today we are going to make Pizza's out of paper. You can watch [this video](#) to get an idea of what you need to prep for this project. Now if you would like to elaborate on it you could always make different sizes of pizzas. From the pattern you will find [here](#) you will see the pizza dough has different sizes you can choose from to cut out. You can choose all of them or one of them.

Skills

- Learning different sizes
- Learning different shapes
- Color recognition
- Small Motor Skills

Materials

- Glue, Construction Paper

Prep Video

<http://www.youtube.com/watch?v=obLWt4jDjpY>

Extra Content

Pizza pattern template: <http://cullensabcs.com/patterns/pizza-art/>



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