

Theme: Valentine's & Love

Day: 1

Module	Activity
Circle Time	Showing Others We Love Them
Letters & Numbers	Letter Yy Food Series
Worship Time	Jesus Chooses His Disciples
Art & Science	Heart Blot Painting

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

*I can sit down as quite as can be.
I can sit down just to look at me.
I can sit down as quite as can be.
I can sit down just to look at me.*

Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
Hi there, so glad you came.
Hi there, so glad you came.
One two three let's shout HOORAY.
Hi there, so glad you're here.*

*Hi there, so glad you're here.
Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then
there's Saturday.*

*Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Showing Others We Love Them

What are some ways that we can show others that we love them? Write down what the children say. If you'd like to expand on this you could go out and show love to others. Some examples might be: make and bring cookies to firefighters or a neighbor, make a card for a friend or family member and send it in the mail, bring a meal to someone.

Music and Movement: [I made a Valentine](#)

Skills

- Language: Increasing vocabulary, Expressive language skills
- Physical: Taking turns, Listening to what others say
- Cognitive: Thinking of ways to serve and show love and kindness to others
- Emotional: Showing compassion.

Materials

- Paper and writing utensil for dictation
- If you are going to expand this lesson by making cookies or writing a letter the materials will depend on that.

Music & Movement

<http://www.youtube.com/watch?v=VJ7N3kHJF7c>

Letters & Numbers

Activity Description - Letters: Letter Yy Food Series

Learn about the letter Y with Miss Cullen and Gator. First, Miss Cullen and Gator are going to show the upper and lower case letter Y. Then review the sound of the Y. Next look at three types of food that start with the letter Y: Vanilla Yogurt, Yogurt Covered Pretzels, Egg Yolk. If you have these items at home you can try them with Miss Cullen and discuss what it feels like, tastes like, sounds like and smells like.

Remember, when trying the different foods, it has to go in your mouth but it doesn't have to stay there. But it is always good to try something new.

[Click here](#) to watch the video!

Extra Content: Let's add Valentine stickers to the letter Yy. You can choose between [upper case](#) or [lower case](#) letter Yy for children to work on their fine motor skills by peeling and pressing the stickers down onto their letter. Don't forget to have them say the sound of the letter Yy.

Skills

- Language: During this time children are working on sharpening their language skills by recognizing a letter and the sound that the letter makes. They are working on their language skills when talking about their senses when tasting, feeling, touching and smelling the Vanilla Yogurt, Yogurt Covered Pretzels and Egg Yolk
- Physical: Children will work on their physical skills when using their grasping fingers to touch and pick up the food
- Social: Taking turns & sharing.

Materials

- Watch the [letter Y video](#)
- If you'd like to try the foods with Miss Cullen and Gator you will need Vanilla Yogurt, Yogurt Covered Pretzels, Egg Yolk or you can choose other items that start with the letter Yy.

Prep Video

<http://www.youtube.com/watch?v=fe-9fFAzt-w>

Extra Content

Uppercase Letter Y Pattern:

<http://cullensabcs.com/wp-content/uploads/2013/02/Letter-Y-Uppercase.pdf>

Lowercase Letter y Pattern:

<http://cullensabcs.com/wp-content/uploads/2013/02/Letter-y-Lowercase.pdf>

Worship Time

Activity Description: Jesus Chooses His Disciples

Below you will find the story that you can read to the children, then some questions to ask and a prayer at the end.

You can say: "Today we are going to read about Jesus gathering his twelve disciples and how they left everything they had to follow him. Do you know what a disciple is? It is a friend or a helper of Jesus. We will learn the names of Jesus' disciples and how many disciples he picks to come with him."

Read the Bible Story

You can read from a Children's Bible, your Bible or use the following story.

Jesus Picks His Disciples

Luke 5:1-11

Jesus began to tell people about God. He knew he had a lot of work to do, and he went to find some helpers. As Jesus was walking along the seashore, he saw some fishermen. Jesus called to them, "Come. Follow me. I will make you fishers of people." They pulled their boats up on the shore, left everything and followed Jesus.

Their names were Peter, Andrew, James and John. Later, Jesus met a tax collector named Matthew. His job was to get the tax money from the people and give it to the King. Matthew quit his job to follow Jesus, too. Jesus chose some more people. Their names were Philip, Bartholomew, Thomas, and another man named James. Thaddaeus, Simon, and Judas joined them, too.

Jesus now had twelve new followers, he called them his disciples. Jesus taught them about God's love.

Bible Story Questions & Answers

Talk about what the Bible story was about by asking the children questions. You can decide ahead of time how you want them to answer the questions. I like to have the children raise their hand to answer the question. If they are incorrect that is fine. You can say what the answer is or ask: "Does anyone else have a thought or answer to the question?"

Questions to ask if you like:

- Where was Jesus walking when he saw the fishermen? (Along these shore)
- What did Jesus say to the men? (Come. Follow me. I will make you fishers of people)
- What did the men do when Jesus called them to follow him? (They left their boats or wherever they were doing and followed Him)
- Do you remember any of the names of the men who became Jesus' disciples? (Peter, Andrew, James, John, Matthew, Philip, Bartholomew, Thomas, James, Thaddaeus, Simon, and Judas)
- What is a disciple? (A helper and follower of Jesus)
- How many disciples followed Jesus? (12)
- What did Jesus teach them? (About God's love)
- Do you think it's a good idea to follow Jesus? (yes)

Prayer

While sitting on the floor with criss cross legs, have the children repeat after you. You can have them fold their hands and close their eyes or just sit quietly and say after you. Following is a prayer written out that you can use, or you can make up your own.

Dear God (children repeat)

Thank you for this day (children repeat) Please help me (children repeat)

To be a disciple of yours (children repeat) And follow after you (children repeat) By reading the Bible (children repeat) And praying (children repeat)

I love You (children repeat)

Amen (children repeat)

Skills

- Language: Listening to the story and answering the questions work with children on their language skills. Following directions
- Cognitive: As children continue to pray they are building their relationship with God and learning to trust Him
- Emotional: Growing in and deepening their relationship with God
- Social: When children are answering the questions they are working on speaking in public which is a great social skill.

Materials

- A children's Bible if you'd like or you can read the story in the text I have written out for you.

Art & Science

Activity Description - Art: Heart Blot Painting

Here is a way to have fun with hearts!

[Click here](#) for the video

[Click here](#) for the pattern

Skills

- Physical: Fine motor skills strengthening the muscles in their hands when using a spoon to scoop up the paint, folding over the heart and pressing the paint around
- Math and Counting: Color recognition with the color of the heart that is used and the color of the paint
- Language: Increasing vocabulary, Expressive language skills.

Materials

- Construction paper
- Paint
- Spoons

Prep Video

<http://www.youtube.com/watch?v=QUYg0ioCb5Y>

Extra Content

Heart Blot Pattern:

<http://cullensabcs.com/wp-content/uploads/2010/04/Blot-Painting.pdf>

Theme: Valentine's & Love

Day: 2

Module	Activity
Circle Time	Valentine's Day Celebration
Letters & Numbers	Bean Bag Toss
Worship Time	Jesus Chooses His Disciples
Art & Science	Grow a Heart

Circle Time

Review – Start your preschool day with Circle Time and sing the “I Can Sit Down” song (Improvise your tune)

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Then sing the “Hi There” song. (Improvise your tune)

*Hi there, so glad you came.
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One two three let's shout HOORAY.
Hi there, so glad you're here.
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*Hi there, so glad you're here.
One two three let's give a cheer. Yay*

Next do your Special Help activity.

Look at the calendar and sing the "Days of the Week" song. (Tune of the "Adams Family")

*Well there's Sunday and there's Monday,
there's Tuesday and there's Wednesday,
there's Thursday and there's Friday and then
there's Saturday.*

*Days of the week. (Clap hands 2 times).
Days of the week. (Clap hands 2 times).
Days of the week. Days of the week. Days of the
week. (Clap hands 2 times).*

This is a great time to review the days of the week, months of the year and the number of the day. Then check the weather and compare it to your weather dial.

Discussion: Valentine's Day Celebration

We are going to celebrate Valentine's Day today. YAY!!! Let's start off with the story about St. Valentine and then play Valentine Bingo.

Valentine Bingo:

There are a couple different versions of this man. I have one down below from a children's story book but you can search for some other ones if you'd like.

The Story of Valentine's Day by Nancy J Skarmas

"On Valentine's Day we give cards, cookies and candy to the people we like. In school, children decorate their classrooms with red hearts. They give valentines to their friends. But do you know why we celebrate Valentine's Day? Long ago, in the city of Rome, there lived a man named Valentine. He's kind and all the children loved him. One day, the king of Rome made a law. He said, "All young men will be in my army. They cannot ever get married." The young men and women were very sad. Valentine tried to help the young men and women. The king became very angry and threw Valentine in jail. The children were sad to see Valentine in jail. They made

cards and wrote letters and sent them to Valentine. One little girl, who was blind, brought food to Valentine. He thanked her and prayed for her. Then a miracle happened. The little girl could see! Valentine sent the girls a letter and signed it, "From your Valentine." On February 14, we remember Valentine. All over the world, people send cards called "Valentines" to celebrate this special day. On Valentine's Day we show our love for our friends and family with gifts and cards. And, like Valentine and the children of Rome, we remember that all God's children should love one another."

Games and Play: Now, if you'd like you can continue the celebration by playing Valentine Bingo. [Click here](#) for the video.

Music and Movement: [One Pink Valentine song](#)

Skills

- Math & Counting: Color recognition with the colors that are being looked at
- Language: Increasing expressive language skills as children are talking to each other about what they are learning about
- Physical: Sharing thoughts which is a good public speaking skill
- Cognitive: Sharing how they have and can love others.

Materials

- The story of St. Valentine. You can use the one provided or look for one on your own.

Games & Play

<http://www.youtube.com/watch?v=wN5mlnOOoh0>

Music & Movement

<http://www.youtube.com/watch?v=kVy663SKBpA>

Letters & Numbers

Activity Description - Letters: Bean Bag Toss

Today we are going to have a bean bag toss with hearts! When playing this game make sure to include the letter of our week, "Y". You can also add some other letters that your child(ren) may be working on.

[Click here](#) to watch the video.

[Click here](#) for a heart pattern.

Skills

- Physical: Large motor skills when tossing the bean bag. Hand-eye coordination when tossing the bean bag to a letter. Small muscle skills strengthening the muscles in their hands when picking up the bean bag and tossing it, writing the letters
- Counting and Numbers: Letter recognition. Sound recognition.

Materials

- Bean bags or foil with something inside to weigh it down (like in the video)
- Construction paper hearts
- Pen to write out the letters

Prep Video

<http://www.youtube.com/watch?v=66f2mqGhTEM>

Extra Content

Bean Bag Toss Heart Pattern:

<http://cullensabcs.com/wp-content/uploads/2010/04/Bean-Bag-Toss-Hearts.pdf>

Worship Time

Activity Description: Jesus Chooses His Disciples

Song

How Many Disciples

If the children have been sitting for a little bit make sure to have them stand up to sing this song. It will help them to move their bodies around so that they will be able to sit and listen to the story with a more focused attention span.

How Many Disciples

(to the tune of Are you Sleeping)

How many disciples, how many disciples

Did He choose, did He choose

Jesus chose twelve disciples, Jesus chose twelve disciples Yes, He did, yes, He did.

Skills

- Physical: Listening. Following directions
- Language: Phonics or auditory discrimination, which is recognizing differences in sounds, necessary for learning to read. Strengthening vocabulary
- Emotional: To be conscious of others
- Growing in and deepening their relationship with God
- Cognitive: Memory skills
- Math & Counting: sequencing. [OBJ]

Materials

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Art & Science

Activity Description - Art: Grow a Heart

Since we are learning about hearts and showing love to others I thought it would be fun to “grow a heart.” [Click here](#) to learn how to go about growing a heart.

Skills

- Physical: Sensory skills when smelling and touching the soil
- Counting and Numbers: Shape recognition with the heart shape and even the shape of the pot. Small muscle skills when holding and scooping with the shovel and sprinkling the grass seed in a heart shape. Large muscle skills when using the shovel and scooping out the soil and placing it in the pot.

Materials

- Pot
- Grass seed
- Soil
- Shovel or spoon
- Heart cookie cutter if you have one-if not no worries you can just use your finger to draw a heart in the soil.

Prep Video

<http://www.youtube.com/watch?v=MRjN4cHDywU>

Theme: Valentine's & Love

Day: 3

Modul

Activity

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Circle Time	Match Valentine Cards
Letters & Numbers	Heart Number Game
Worship Time	Jesus Chooses His Disciples Bible Memory Verse and Coloring Page
Art & Science	Cutting Out Hearts

Circle Time

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Discussion: Match Valentine Cards

Today we are going to match Valentine cards. [Click here](#) for the video on how to do this activity.

Heart Number Game: [One Pink Valentine](#)

Skills

- Cognitive: Finding and recalling where two pictures are that are the same
- Physical: Taking turns
- Emotional: Being patient.

Materials

- Valentine cards

Music & Movement

<http://www.youtube.com/watch?v=kVy663SKBpA>

Prep Video

<http://www.youtube.com/watch?v=dfDCDs2CSrA>

Letters & Numbers

Activity Description - Letters: Heart Number

Game

Today we are going to work on recognizing our numbers. This is a fun game to play and to use your imagination with. Make sure you [watch the video](#) to get some ideas. I have also provided you with a [heart pattern](#) that you are welcome to use, however it is not the same size heart in the video. So if you'd like bigger hearts you will need to use a larger sheet of construction paper.

Skills

- Counting and Numbers: Number recognition. Color recognition if you'd like to make the hearts different colors
- Emotional: Listening and following directions
- Physical: Large muscle skills when doing some of the activities on the back of the hearts and when rolling the die or dice.

Materials

- Construction paper
- Scissors
- Die or dice depending on if you are going from numbers 1-6 OR 1-12
- Marker for writing numbers and activities on the hearts.

Prep Video

<http://www.youtube.com/watch?v=bf7jiWS4Zvl>

Extra Content

Heart Pattern:

<http://cullensabcs.com/wp-content/uploads/2010/04/Heart-Number-Game.pdf>

Worship Time

Activity Description: Jesus Chooses His Disciples | Bible Memory Verse and Coloring Page

Print out the Bible memory verse coloring sheet and have your children color the picture. Sit with your children while they are coloring and talk about what they see in the picture (see questions below if you'd like some ideas). Your discussion will lead into the Jesus Picks His Disciples story you will read later together.

Questions to ask if you like:

- Who do you see in the picture? (Men in a boat and one man (Jesus) standing)
- What are the men doing in the boat? (Fishing)
- The man that is standing on the ground, do you think he wants the fishermen to follow him? (Yes)
- This is a perfect time to talk about the Bible and how to use it. You can show the children your Bible so they have a better understanding of what a book, chapter and verse are. You can say:
- "The Bible is one big book made up of many smaller books. Each book has a name. Today we are learning a Bible verse in the book of Luke. When you find Luke in the new testament look for the number 5 at the top left or right of the page, this is the chapter. You will see 5:10. We are looking for verse 10, and those numbers are much smaller under the big 5."
- After looking at the Bible show them "Luke 5:10" written out on their Memory Verse Coloring Sheet. To see and hear all of the Books that make up the Bible watch this fun, short video, [The Books of the Bible](#), by Readeez!

- After they are done coloring they can hang their Memory Verse Coloring Sheet up in a special place. Then when your child walks by the sheet they can work on memorizing the Bible verse.

Skills

- Physical: Fine motor skills, strengthening the muscles in their hands when using their grasping fingers to hold onto the crayon
- Cognitive: Memory skills when working on memorizing the Bible verse
- Emotional: Growing in and deepening their relationship with God
- Math & Counting: Color recognition with the colors of crayons they are using. Number recognition with the numbers you are looking for in the Bible.

Materials

- Coloring page
- Crayons, markers, colored pencils
- [Coloring Page](#)

Extra Content

Bible Key Point Coloring Page:

<http://cullensabcs.com/wp-content/uploads/2015/02/Bible-Key-Point-Coloring-Page-Jesus-Chooses-His-Disciples.pdf>

Art & Science

Activity Description - Art: Cutting Out Hearts

Cutting out hearts is a great way for child to work with using scissors and for them to be able to cut out an entire heart with their paper folded in half. Every time I have done this with children they are so surprised when they open up their paper to find a heart. It is so cute to see how proud they are. [Click here](#) to watch the video.

Music and Movement: [Heart Shape](#)

Skills

- Counting and Numbers Shape recognition
- Cognitive: Understanding positive and negative space
- Physical: Small muscle skills when using scissors

Materials

- Construction paper-various colors if you'd like
- Scissors

Music & Movement

<http://www.youtube.com/watch?v=Z9pdMIOwOmo>

Prep Video

<http://www.youtube.com/watch?v=Eoo7N-BfnOg>

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